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SANIBEL & CAPTIVA ISLANDS, FLORIDA

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The Ride of Silence honors cyclists who have been killed or injured in cycling accidents

photo by Jeff Lysiak

## Annual Ride Of Silence May 16

Matzaluna Italian Restaurant, in conjunction with Sanibel Bike Club and Billy's Bikes, will be hosting the annual Ride of Silence on Wednesday, May 16. Riders are encouraged to arrive for waiver signing and equipment check by 6:45 p.m. at Matzaluna, located at 1200 Periwinkle Way. The ride will begin at 7 p.m. and cross over the first two bridges of the Sanibel Causeway, with a turn-around under the main span and return to Matzaluna.

Matzaluna will provide discounted food and drink for all riders.

Since May 2008, the Sanibel Bike Club has hosted a local Ride of Silence to honor fellow cyclists who have been killed or injured in cycling accidents and to raise awareness that everyone should share the road. The Ride of Silence is a worldwide event that takes place at 7 p.m. on the third Wednesday of May each year. Club members, friends, neighbors and the community are invited to ride in this short, silent, slow ride. Helmets are required for all riders and front and tail lights are required if you plan to ride your bike home after dinner.

The initial Ride of Silence in 2003 in Dallas, Texas drew 1,000 cyclists in response to the death of Larry Schwartz by a school bus mirror.✪

## Marine Visits Captiva Thanks To Local Charity



Chase and Ashlyn Harper enjoying a quiet moment at the Captiva Fishing Museum at Jensen's Twin Palm Cottages & Marina

photo by Jeff Lysiak

by Jeff Lysiak

After returning from a recent six-month deployment to Syria, United States Marine Corps Lance Corporal London Chase Harper and his wife, Ashlyn, were looking to spend

some quality time together during his 14-day leave.

The young couple, currently stationed at Twentynine Palms Marine Corps Air Ground Combat Center in California,

continued on page 10

## Busy Summer Planned For Rec Center Campers

by Jeff Lysiak

In less than one month, a fun-filled summer of daily activities, sports experiences and day trips is being planned by the Sanibel Recreation Department team for this year's Summer Day Camp, a traditional eight-week day camp which will run from Monday, June 4 through Friday, July 27. Each week will follow a different colorful theme.

The camp, offered to children entering kindergarten through eighth grades, runs Monday through Friday from 8 a.m. to 5 p.m. at the Sanibel Recreation Center. For the first time this summer, as a pilot program, camp will be open to children entering kindergarten (refer to the registration packet for specific kindergarten registration requirements).

Campers will participate in activi-



Kids enrolled in the Sanibel Recreation Center's Summer Day Camp will have opportunities to learn how to paddleboard and kayak every Tuesday at Captiva Island Yacht Club

photo by Jeff Lysiak

ties such as swimming, fishing, arts and crafts, basketball, bowling and archery, along with a number of other games and athletic endeavors. Special guests, along

with locally-focused field trips, will also be a part of the action.

This summer will also feature several new offerings, including Lego

Workshops (Mondays from 2 to 3 p.m. for grades K, 1 and 2, and from 3 to 4 p.m. for grades 3 and 4); Junior Chefs, a non-cooking class (Tuesdays from 2 to 3 p.m. for grades K, 1 and 2, and from 3 to 4 p.m. for grades 3 and 4); Indiana Drones with Ken Burgener (Wednesdays from 10 a.m. to noon for grades 7 and 8); Snorkeling with Sanibel Sea School staff (Thursdays from 9 to 10 a.m. for grades K, 1 and 2, and from 10 to 11 a.m. for grades 3 and 4).

"Indiana Drones will have our middle schoolers using some old Sanibel maps from the 1960s. They'll look at footage captured by drones, and they'll have to identify each location," said Dave DeFonzo, youth program supervisor. "We're also doing something called Wildlife Explorers for the younger campers, which will be a scavenger hunt-type of activity."

Among the most popular activities returning this summer are Introduction to Scuba Diving with Calli Johnson (Fridays from 9 a.m. to noon for grades

continued on page 5

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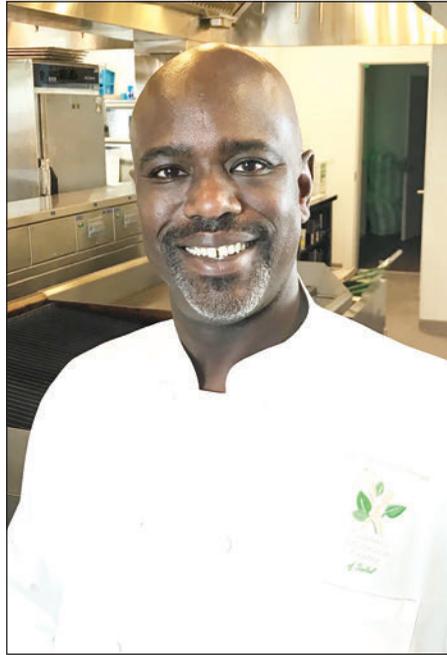
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## The Community House



Resident Chef Jarred Harris will lead cooking demonstrations on May 15 and 22

### Healthy Asian Cooking

Chef Jarred Harris will lead a demonstration for beginners and experienced cooks, titled Healthy Asian, on Tuesday, May 22 from 4 to 6 p.m. Learn how to make Shrimp and Vegetable Summer Rolls and Spicy Peanut Sauce, Simple Pho Noodle Soup, and Roasted Bananas and Coconut and Honey Custard. Cost is \$25 per person and you must register and pay in advance.

### Yoga And Shell Crafting

Yoga classes continue in May on Tuesdays and Thursdays at 10 and 11:15 a.m. with Dr. Susan Pataky. Shell crafting lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

Alligator bread by French baker Andre Gratesol photos provided

### French Baking Classes

Professional French baker Andre Gratesol will be teaching a series of progressive baking classes this month on Thursdays from 10 a.m. to 1 p.m. This is the real deal in French pastry, so sign up early. Cost is \$50 per session.

### Simply Vegetarian Cooking

Resident Chef Jarred Harris will teach a Simply Vegetarian cooking class on Tuesday, May 15 from 10 a.m. to noon. This hands-on class features vegetarian and vegan recipes that are not only quick, easy and delicious, but dairy and gluten free. Menu will include Vegetable Spaghetti with Sweet Potato Pumpkin and Peanut Stew topped with Coconut Bacon, and Citrus Ginger and Coconut Crème Brulee'. Cost is \$40 per person and you must register and pay in advance.

## Tea Time At Bailey Homestead

The Sanibel-Captiva Conservation Foundation (SCCF) invites residents and visitors to the Bailey Homestead Preserve on Wednesday, May 23 at 10 a.m. for some cool refreshing tea from the gardens. Taste teas made from Tulsi basil, native mint, passionvine, lemongrass, yaupon holly and native pennyroyal. All are growing at the Native Landscapes and Garden Center.

There will be a demonstration on how to make the teas from the freshly harvested leaves. Learn to build your own container tea garden for your porch from nursery grown plants. Cost of the program is \$10 and reservations are required. Call the Native Landscapes and Garden Center at 472-1932.

The Bailey Homestead Preserve is located at 1300 Periwinkle Way.\*



Learn how to make tea from freshly harvested leaves photo provided



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Vacation Bible School directors, from left, Emma Hall, Amy Selby, Christine Szymanczyk and Evette Zurbruggen photo provided

## Vacation Bible School Coming To Sanibel Church

Rolling River Rapids Vacation Bible School, open to children who are 3 years old through completion of fifth grade, is coming to Sanibel Community Church. All are invited to join this complimentary week of fun.

The program will be held Monday through Friday, June 4 to June 8, from 4 to 7 p.m. at Sanibel Community Church, located at 1740 Periwinkle Way.

This whitewater rafting adventure includes a themed dinner, exciting new music, amazing science, creative crafts, fun recreation and memorable Bible stories that will help children know God is always with them as they ride the rapids of life.

For more information, call Sanibel Community Church at 472-2684.✱

## Christian Preschool Offering Summer Camp

Registration is open for Sanibel Christian Preschool's new summer camp for 3- to 7-year-olds. The deadline to sign up is mid-May and the camp begins on June 4, with the first of four themed weeks of fun and learning. Each week will also include art and music activities.

The camp will be taught by the preschool's teachers. Children may attend one, two, three or all four of the following weeks:

**Week 1: June 4 to 8 – Storytelling**  
Children will develop their storytelling skills as they listen to stories read to them and are given the chance to create and illustrate their own stories. The week will conclude with Pajama Day on Friday and a short dramatization of a story they learned throughout the week.

**Week 2: June 11 to 15 – Fun And Fitness**  
Students will continue developing their motor skills as they take part in fitness activities such as relay races, obstacle courses, dancing and stretching exercises. They will also learn about nutritious food to help them stay healthy and strong.

**Week 3: June 18 to 22 – Amazing Race**  
Children will practice working in teams as they go through different stations where they must complete challenges that include art and science projects, math and reading activities.



Stretchy slime fun at Sanibel Christian Preschool photo provided

**Week 4: June 25 to 29 – Water World**  
What lives under the sea? What can you find living in rivers? Children will learn about these two ecosystems and what they can do to take care of them. This week will conclude with water activities and games on Friday.

Sanibel Christian Preschool is an outreach of Sanibel Congregational United Church of Christ and is located on the church property at 2050 Periwinkle Way. For more information, contact the preschool director, Ana Abella, through the church office at 472-0497. To download an application form, visit [www.sanibelucc.org/summer-camp-2018](http://www.sanibelucc.org/summer-camp-2018).✱

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### OBITUARY

FREDERICK B. WIGHTMAN

Frederick B. Wightman; loving husband of the late Mary Ellen; beloved husband of Kay (Manion) Wightman; loving father of Barb (Scott) and Sandra (Randy); dear stepfather of John (Lorelle), Sue (Rich), Ginny (Dan), and Mike (Sarah); cherished grandfather of David, Taylor, Olivia, Jocelyn, Nathan, Zack, Elise, Danny, Meg, Jane, Lucy, Grant, Brett, Kent, Emma, Emmett, Tommy, Pierson, Katie, Alex and Ted; fond brother of Henry (Joyce) Wightman and Winifred (the late David) Webster. Memorial donations may be made to: Rock Steady Boxing, 7440 N. Shadeland Avenue, Suite 202, Indianapolis, IN 46250 ([www.rocksteadyboxing.org/donate/](http://www.rocksteadyboxing.org/donate/)).✱

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From left, Julia Senkeleski, Daniel Ibarra, Ian Vanderveelde, Katie Haas, Emma Markle, Maddie Pezzi and Emilee Milton (not pictured: Laurin VanOlst) photo provided

## Senior Sunday Celebration

Sanibel Community Church celebrated Senior Sunday on April 29, which honored all high school graduates at the church. Youth Pastor Kevin Schafer spoke at all three services, blessing and praying for the students as they enter new beginnings in their lives.

Following the last service, a lunch was hosted for the seniors and their families to honor them and to encourage them as they prepare for the next steps in their lives. Parents and grandparents read letters of blessing to each of the graduates.

Some of the graduates have already planned for the future:

Katie Haas – Pursuing education in art and photography

Daniel Ibarra – Going to Wheaton College

Julia Senkeleski – Going to Liberty

University

Ian Vanderveelde – Traveling abroad for a gap year before college

The congregation congratulates these 2018 graduates and offers them this blessing: “May God richly bless you as you walk in the plans He has for you.”

H2O Student Ministries is Sanibel Community Church’s Youth Ministry program for young men and women, grades six to 12. H2O middle school students meet on Wednesday evenings from 5 to 7 p.m., 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. until noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation, with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).

From page 1

## Rec Center

7 and 8); Golfing at The Sanctuary (Wednesdays from 9 a.m. to noon for grades 6 and 6); Pickleball (Mondays from 1 to 2 p.m. for grades K, 1 and 2, from 2 to 3 p.m. for grades 3 and 4, and from 3 to 4 p.m. for grades 5 to 8).

Local field trips will include weekly outings to the beach along with visits to Skyzone Trampoline Park in Fort Myers (June 7 for grades 5 to 8, June 13 for grades K to 4), a Fort Myers Miracle baseball game at Hammond Stadium in Fort Myers (June 20 for grades K to 4), mud flat fun at Bunche Beach in Fort Myers (June 21 for grades 5 to 8), Sun & Fun Lagoon in Naples (June 27 for grades K to 4), SunSplash in Cape Coral (July 5 for grades 5 to 8), Zoomers Amusement Park in Fort Myers (July 11 for grades K to 4, July 19 for grades 5 to 8) and C’mon Golisano Children’s Museum in Naples (July 25 for grades K to 4). Campers will also visit Island Cinema for special screenings, rotating on a weekly basis for all grades. (Field trips may be limited due to seating capacity or daily



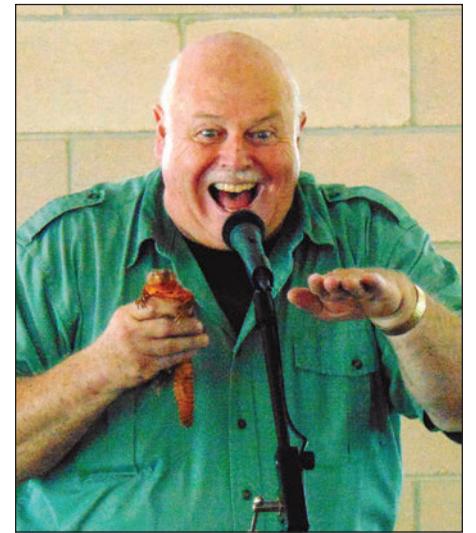
Campers will learn basic golfing skills on Wednesdays at The Sanctuary Golf Club photos by Jeff Lysick

attendance.) Events planned for Fridays at the rec center facility include a slip-n-slide inflatable (June 8), John Storms’ World

of Reptiles showcase (June 15), a wrecking ball inflatable (June 22), Lil’ Dipper water slide (June 29), Challenger obstacle course (July 6), Zorb inflatable ball (July 13), a dual-lane water slide (July 20) and the X-Factor obstacle course (July 27).

Rates per week range from \$132 for members and \$171 for non-members (early bird; call for registration dates) to \$157 for members and \$206 for non-members. Camp will not be held on Wednesday, July 4. Financial assistance is available to qualifying families. As part of the registration fee, breakfast and lunch will be provided daily as well as the all-inclusive weekly field trip itinerary. Campers should bring a swimsuit, towel and sunscreen daily.

For more information, call the Sanibel Recreation Center at 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).



Reptile expert John Storms, pictured with a skink, returns to the rec center on June 15

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Holly Badger English photos provided

Roseate spoonbill by Holly Badger English

Sunflowers by Holly Badger English

## Photographer Exhibiting At Sanibel Church

Each month throughout the year, Sanibel Congregational United Church of Christ (SCUCC) exhibits the work of one or more fine artists with local ties. Photographs by Holly Badger English are currently on view in Fellowship Hall.

“My interest in photography started at an early age with fond memories of watching my father develop photos in his

darkroom,” said English, a member of the SCUCC congregation. “The process seemed magical. I can’t remember when I didn’t have a camera. After college, I attended Vesper George School of Art, a commercial art school in Boston. I’ve always loved visual and performing arts and was an administrative assistant at the Arts Council of Erie, Pennsylvania.”

English has taken four, one-week photography class cruises on a schooner in Maine offered by Neal Parent, a professional photographer known for his black and white images. She is a member of the Shell Point Photo Club and received

ribbons in the last four annual photo contests.

“I am a ‘snowbird’ and spend half the year at Shell Point in Fort Myers and the rest of the year in Maine,” said English. “I feel greatly blessed that I have the opportunity to photograph in two wonderful parts of the world, here in Southwest Florida and also in midcoast Maine. My hope is that the viewers of my work will enjoy seeing a glimpse of the

beautiful world around us.”

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. The photographs are for sale, with a portion of the proceeds benefiting the church. The exhibit may be seen during office hours when Fellowship Hall is not in use and on Sundays after services. The church offers a 7:45 a.m. chapel service and a 10 a.m. traditional worship service. For more information, call 472-0497.✪

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## The Mighty Minty Micromeria

submitted by Dee Century, SCCF

**M**icromeria brownei is a lovely native ground cover that I grow in a pot on my porch to make a gentle mint refreshing tea. It is much easier to grow year-round than the more commonly known mints. I am going to try it in my homemade Mohito.

Commonly known as Creeping Charlie or St. John’s mint, this ground cover grows in part shade to sun as long as it is always moist. It is found growing along the banks of its namesake, the St. John’s River. This square stemmed mint is a wet-footed plant that blooms year-round and is available at the SCCF



Micromeria brownei photo provided

Native Landscapes and Garden Center. It is growing nicely in the demonstration gardens at the Bailey Homestead Preserve, located at 1300 Periwinkle Way.✪

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Dune sunflower (*Helianthus debilis*)  
City Of Sanibel Vegetation Committee

## Groundcovers: No Bunnies Business

This is the 21st in a series of articles written by members of the City of Sanibel Vegetation Committee dealing with vegetative matters of concern to island residents. Members of the committee are Sanibel residents appointed by city council for one-year terms. To be considered for an appointment, contact the city manager's office at 472-3700.

The use of native groundcovers versus turf grass makes so much sense. Native groundcovers require no watering once established, no fertilizing, no weeding (they suppress weeds), no mowing (although many may be cut) and they hold soil in place. Furthermore, they are generally not bunny food. There is a bumper population of rabbits on Sanibel this year, in case you have not seen them. Small mammal population boom/bust cycles are a common phenomenon. When resources (i.e. food, shelter) are plentiful, rabbit populations can significantly increase. Subsequent to the rabbit population increase, predator populations will also increase since the rabbits provide them an abundant food

photos provided

source. Eventually, the rabbit population growth is usually curtailed by predators preying on the rabbits.

You may have noticed that these rabbits have a voracious appetite and are eating everything they can reach including turf grass. Not to worry, though. There are native groundcovers that are less appetizing, and can be substituted for plants that are being grazed by rabbits. This article discusses some of the available native groundcovers suitable for Sanibel yards.

There are plenty of others to choose from: matchweed (*Phyla nodiflora*), spiderwort (*Tradescantia ohiensis*), coontie (*Zamia pumila*) and blue-eyed grass (*Sisyrinchium angustifolium*), to mention just a few. Many of these groundcovers attract butterflies and some produce food for other wildlife. They also cool the air surrounding the plants as water evaporates from the leaves. Turf grass is still an option where there is a lot of foot traffic, but groundcovers and mulch paths are aesthetically pleasing and in need of less maintenance (i.e. irrigation and fertilizer) once established.

If you're unsure of what to plant, it's always best to consult your local native nursery to determine which native groundcovers are suitable for your yard. You can also visit the Florida Association of Native Nurseries' website ([www.afnn.org](http://www.afnn.org)) to view more information on native plants.



Gopher apple (*Geobalanus oblongifolius*)



Golden creeper (*Ernodea littoralis*)



Blanket flower (*Gaillardia pulchella*)

Where can I learn more about native plants on Sanibel? The Vegetation Committee hosts free plant walks from November to April at city hall to view and discuss the use of native plants. Everyone and their questions are welcome.

To view pictures of the Invasive Exotic Plants Worst of the Worst or the city's *The Alien Invasion* brochure, visit [www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation](http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation) or contact the city's Natural



Mimosa (*Mimosa strigillosa*)



Blue porterweed (*Stachytarpheta jamaicensis*)



Beach verbena (*Glandularia maritima*)

Resources Department at 472-3700.

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✪

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# Churches/Temples

## ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

## BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

## HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-1646

## FIRST CHURCH OF CHRIST, SCIENTIST

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## SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

## SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and

childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

## SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 10 a.m. Traditional Worship Service with Sunday School and nursery care at 10 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

## ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy

Days call. 3559 San-Cap Road, 472-2763.

## ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

## UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.✧



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Manatees swimming in local waters

photo by Karen Parker

## Be Aware Of Manatees When Boating

Chances of close encounters between Florida manatees and boaters increase in the spring.

For manatees, it is the season when they leave their winter refuges and travel along the Atlantic and Gulf coasts and through inland waters. For boaters, it is a critical time to be on the lookout for manatees to avoid colliding with these large aquatic mammals.

"Spring is a great time to go boating

in Florida, but manatees are out there too. Please watch out for them," said Ron Mezich, who heads the Florida Fish and Wildlife Conservation Commission (FWC) manatee management program.

From April 1 through November 15, seasonal manatee zones require boaters to slow down in certain areas to prevent manatees from being struck by motorboats or personal watercrafts. FWC law enforcement officers are on patrol in state waters to remind boaters of the seasonal manatee speed zones and take enforcement actions when appropriate.

Since manatees are difficult to detect when under water, operators of boats and personal watercrafts can help by:

Wearing polarized sunglasses to help spot manatees.

Looking for large circles on the water, also known as manatee footprints, indicating the presence of a manatee below.

Looking for a snout sticking up out of the water.

Following posted manatee zones while boating.

Reporting an injured, distressed, sick or dead manatee to the FWC's Wildlife Alert Hotline at 888-404-FWCC (3922) or dialing #FWC or \*FWC on a cell phone.

FWC biologists, managers and law enforcement staff work closely with partners to evaluate current data and identify necessary actions to protect this iconic animal. Florida has invested over \$2 million annually for manatee

conservation, and the FWC works toward continued success for manatees in the state.

Manatee zones and maps are available at [www.myfwc.com/manatee](http://www.myfwc.com/manatee), where you can select "Protection Zones" for links to county maps. Boaters can get tips from *A boater's guide to living with Florida Manatees*. And if you want to see manatees in the wild or captivity, visit [www.myfwc.com/education/wildlife/manatee/where-to-see/](http://www.myfwc.com/education/wildlife/manatee/where-to-see/).

To support FWC's manatee research, rescue and management efforts, purchase a Save the Manatee Florida license plate at [www.buyaplate.com](http://www.buyaplate.com) or donate \$5 to receive an FWC manatee decal by going to [www.myfwc.com/manatee](http://www.myfwc.com/manatee) and clicking on "Decals."\*\*

From page 1

## Marine

missed their opportunity to take a honeymoon trip after they were married. So when Ashlyn heard that her husband had been granted an opportunity for some "R&R," she looked into planning something special.

That's when she learned about Operation Open Arms.

"A friend of mine from cosmetology school also has a husband in the military, and she told me about some groups that offer vacations for veterans like my husband," said Ashlyn, 19. "That's when I first reached out to GiddyUp."

GiddyUp, by the way, is the name of Capt. John Bunch, a fellow veteran and founder of the nonprofit veterans organization Operation Open Arms (OOA), based in Southwest Florida. In addition to providing complimentary vacations for both active duty and disabled service members, OOA has facilitated over 100 weddings, more than 1,200 fishing trips and paid for mental health (including PTSD) counseling services. In all, more than 3,700 troops have been served thanks to OOA's efforts.

Bunch and Ashlyn began discussions on planning the Harpers' vacation back in December 2017. Not knowing exactly when her husband would be granted leave made confirming which dates would work best for the newlyweds a little tricky.

"The hardest part was not knowing exactly when Chase would be on

leave," Ashlyn explained. "But Capt. Bunch understood that there could be scheduling problems. He was in the military, so he knew that sometimes schedules do change."

But with a little bit of work, Bunch helped arrange for the couple to spend five days and four nights on Captiva, where they were given accommodations at Jensen's Twin Palm Cottages & Marina.

Over the years, the Jensen brothers – John, Jimmy and Dave – have hosted "between 20 and 30" military veterans through OOA. "Any time we can do something that seems so small for someone that does so much for our country gives us a great feeling," said Jimmy Jensen.

Bunch expressed his appreciation for the brother trio, along with more than 325 Southwest Florida businesses, who have supported his charity since 2005. "Jensen's has been a bigger part of OOA than any other group," he noted. "I'm not sure that you could find three other men that are greater advocates for our troops than the Jensens."

Two weeks before they were to come to Captiva, Bunch asked the Harpers what food or beverage items they would like placed in their room upon their arrival. He requested that Ashlyn provide him a list of 10 items to stock their room with.

Modestly, Ashlyn only requested five: white bread, smooth peanut butter, grape jelly, Dr. Pepper and bottled water.

"She couldn't even come up with 10 things," recalled Bunch. "It brought tears to the eyes of my wife."

But after pressing the teen for a few more items, Ashlyn added three more items: bagels, cream cheese and "any kind of chocolate."

When the couple arrived at Jensen's last Thursday morning, they expressed their appreciation for everything that OOA helped coordinate for their honeymoon vacation.

"They arranged for us to get a ride from the airport, and they even bought us some groceries," said Ashlyn. "Everybody's been really nice."

"This place is so beautiful... breathtaking, for sure," added Chase, 20. "This is the best first impression I could ever have for Florida."

The couple, originally from West Virginia, planned on taking advantage of some activities offered to them, including two charter fishing trips, parasailing lessons and some local sightseeing. They might also take in a baseball game with the Fort Myers Miracle in town.

Stacy Stevens of Cartwheel Golf Carts provided them with a rental vehicle during their stay while OOA senior advisor Kerry Constantine delivered \$50 worth of Godiva Chocolates.

"Tony Lapi (of Tween Waters Inn) offered us some dinners while we're here," noted the Harpers. "We just want to thank Operation Open Arms for everything they do. They go above and beyond for anyone."

For additional information or to make a contribution to the all-volunteer 501(c)3 charity, visit [www.OperationOpenArms.org](http://www.OperationOpenArms.org)\*\*



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This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

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Dr. Jerry Jackson and his wife Bette, right, with fellow paddlers photos provided

## Ornithologist Leads Group For WGCU Fundraiser

Last Saturday morning, Tarpon Bay Explorers hosted renowned ornithologist Dr. Jerry Jackson and 19 other wildlife enthusiasts for a combined birding trip fundraiser through Tarpon Bay. Tarpon Bay Explorers provided kayaks for paddlers so Dr. Jackson could lead them through Commodore Creek within the JN "Ding" Darling National Wildlife Refuge. These fundraisers help support WGCU

programs such as Dr. Jackson's *With the Wild Things*. Dr. Jackson discusses various species of wildlife endemic to Florida. This paddling excursion raised over \$1,700.

Dr. Jackson has been birding since he was a kid throwing newspapers at dawn with birds chirping in the background. "'Ding' and I have similar backgrounds," said Jackson. "He was a syndicated cartoonist and I was a paper boy," joked Jackson. Beyond his occupation as a former paperboy, Dr. Jackson has been a professor for 50 years; 30 years at Mississippi State University and another 20 at Florida Gulf Coast University.

"We were happy to provide Dr.



Dr. Jackson and his kayakers on their way to the Commodore Creek kayak trail

Jackson and WGCU with the needs for their fundraiser," said Tarpon Bay Explorers' General Manager and part owner Wendy Schnapp. "Education is part of Tarpon Bay Explorers and the refuge's mission. Who better to raise funds for WGCU, and go birding at the same time, than Dr. Jackson." Educating the public is of extreme importance to Tarpon Bay Explorers, who is the official concession to the JN "Ding" Darling National Wildlife Refuge.

The tour not only included information about birds, but the ecosystem in which they inhabit, the mangrove estuary. Tarpon Bay

Explorers' naturalists and Dr. Jackson stress the importance of mangrove forests and the benefits they provide for humans and wildlife alike for Florida's coastal communities. "Mangroves are one of the most important protectants we have," said Jackson.

Visitors can learn even more about mangrove estuaries, their significance and the wildlife that inhabits them on any guided tour Tarpon Bay Explorers offers. Tours range from kayaks, pontoons, paddleboards, trams and other opportunities. Visit the website at [www.tarponbayexplorers.com](http://www.tarponbayexplorers.com) or call 472-8900 for more information.\*

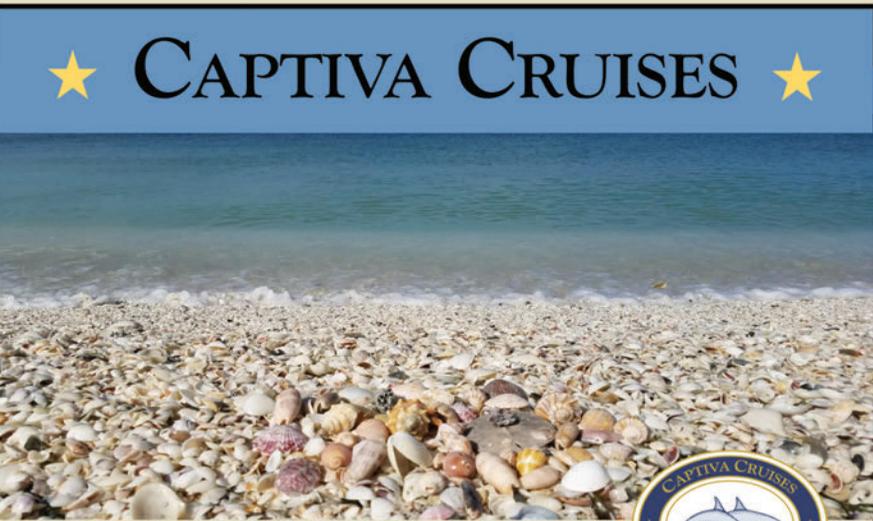
## Thursday Coffee, Tea And Trivia At Church Café

Sanibel Community Church invites residents and visitors to a night of trivia on Thursday evenings at the Carpenter's Café & Bookstore. The café opens at 6:30 p.m. and the game begins at 7 p.m. It's family-friendly fun for all ages. Parking is available in the back lot of church, located at 1740 Periwinkle Way.\*



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# Sunshine, Food And Fun For All At Seahorse Festival



A brief shower gave way to sunny skies during last Saturday's Seahorse Festival at Sanibel Community Park. It was an afternoon filled with family-friendly fun, inflatable activities, live music and fantastic food for kids of all ages. Pictured is student Ava Campanella tossing a pie in the face of music teacher Joey Giangreco in a fundraising game for The Sanibel School PTA.

photos by Jeff Lysick



From left, Preston Hanni, Preston Farhat, Insa Baumgarten, Kennedy Hanni and Ava Camputaro selling lollipops



From left, Elin Mossberg, Nevnah Schwartz and Sammy Wells selling lemonade



Jackie Chavez, right, tosses a ball in an attempt to dunk Kayla Nette



Caroline Muddell and Ava Selby climbing the rock wall



From left, customers Bill LeJeune, Jonathan Tongyai and Jeff Muddell are served chicken and waffles by Bridgit Stone-Budd of The Pecking Order



Nick Cerabona at the bungee jump



From left, Luke Czaster, Cindy Lopez and Joey Almeida at the Joey's Custard food stand



Jeff Siwicke and Jenny Evans with their son, Cassidy



From left, teachers Barbara Scarnato, Edna Dykhuizen and Joey Giangreco at the pie toss booth



Attendees young and old had a good time playing a friendly game of corn hole



The Naples-based band Wilder Brothers performed throughout the festival



Inflatable games and sports-themed activities were spread out across Sanibel Community Park



The leaves of Bracken's brown beauty, a cultivar of the iconic Southern magnolia, are shiny deep green with velvety brown undersides photos by Gerri Reaves

## A Southern Magnolia Brown Beauty

by Gerri Reaves

Southern magnolia's (*Magnolia grandiflora*) many attributes qualify it as one of Florida most attractive native trees: large fragrant flowers, shiny leaves, wildlife friendliness, low maintenance and shade.

The iconic tree's natural range doesn't extend to southernmost Florida, and its size – 100 feet or more – renders it unsuitable for most residential and commercial landscapes anyway.

However, a number of smaller cultivars of the famed magnolia have become

popular landscape trees in South Florida.

One is Bracken's brown beauty, named for the leaves' velvety brown undersides.

Brown beauty reaches a height of 30 to 50 feet with a somewhat pyramidal shape and narrow oval crown. It is multi-branched with dense ornamental foliage that provides cover for birds.

When planted in a row, this tree creates an especially pretty effect. The glossy coarse oval leaves measure up to eight inches long.

Showy saucer-shaped flowers appear in spring and summer at the branch ends. They can be up nearly a foot across and have six to 12 petals. As they age, they gradually darken, becoming a soft tawny brown that complements the undersides of the leaves, which are smooth velvety cinnamon.

The fuzzy cones of about four inches



Showy large fragrant flowers bloom in spring and summer

long are pale yellow to soft pink. They ripen in fall and winter to yield seeds with fleshy deep-red outer coverings and pendant threads. A variety of wildlife eat the seeds.

Plant this tree in full sun to partial shade where it will have plenty of moisture. It has moderate drought tolerance but poor salt tolerance.

Protect the thin bark from landscape tools and equipment.

Sources: *Florida Gardner's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; [www.hort.ifas.ufl.edu](http://www.hort.ifas.ufl.edu); and [www.southernliving.com](http://www.southernliving.com).

*Plant Smart* explores the diverse flora of South Florida.\*



In fall and winter, the fuzzy cones bear seeds sought by wildlife

## Tips For Living With Alligators

The American alligator is a conservation success story. Florida has a healthy and stable alligator population, which is estimated at 1.3 million alligators of every size. They are an important part of Florida's wetlands, but should be regarded with caution and respect.

Alligators become more active and visible during spring when temperatures rise and their metabolism increases.

Although serious injuries caused by alligators are rare in Florida, the Florida Fish and Wildlife Conservation Commission (FWC) recommends taking precautions when having fun in and around the water. Alligators inhabit all 67 counties in Florida and can be found anywhere there is standing water. Reduce the chances of conflicts with alligators by swimming only in designated swimming areas during daylight hours. Also keep pets on a leash and away from the water.

Because alligators control their body temperature by basking in the sun, continued on page 21

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# Windy Tarpon Tactics



by Capt. Matt Mitchell

**W**ith our Tarpon fishing now in full swing, it makes you realize how many factors can play into the day's fishing plan. Tarpon fishing is seldom easy even

during perfect conditions, although a few times a season you have those days when the fish seem to just eat every bait put out there. Memorable tarpon hook-ups and battles wash away all those tough lean days. Targeting these often finicky fish can be extremely frustrating at times, although the thrill factor of catching one more makes all the time invested worth while.

Wind, weather, tides, water clarity and moon phase are just a few of the factors that play a huge part in tarpon fishing. No matter how good a certain spot was the day before, a change in any one of these factors will change everything. Choosing a location to

tarpon fish because it sets up better on that tide and wind direction will certainly increase your odds. The shape of Pine Island Sound and the barrier islands make it possible to almost always be able to find somewhere to tarpon fish no matter what our wind direction.

Reacting to the wind direction will dictate where your going to spend your time hunting tarpon. During east winds the eastern side of the sound along with out on the beaches from Knapp's Point north is the sheltered calmer water. West winds mean fishing the west side of the sound from the powerlines all the way to Cayo Costa is often the call. During periods of north wind, it's all about the southern end of Sanibel from Lighthouse Point to Knapp's Point along with a few other places in the sound that are either sheltered by shoals or mangrove islands. Throw in northeast, southeast, northwest etc., and it's a game of angles dodging the wind and looking for that little bit more sheltered calmer water that will give you a chance at spotting these tarpon.

During calm conditions, all our water is fishable, and you can cover lots of ground and spot tarpon from a long way off. Throw in a big full moon and it seems the tarpon simply disappear as its presumed they move offshore to spawn. Even when every variable comes



Chase Calkin with a slot-sized redfish caught this week while fishing with Capt. Matt Mitchell photo provided

together and you're sitting in rolling tarpon, the one factor you have no control over is if they will bite.

This week marks the 7th annual "Ding" Darling & Doc Ford's Tarpon Tournament with more than 50 of the best local tarpon teams coming together to decide the winner. All the above factors will come into play as weather conditions during the past few years have been a major factor in this event.

At the end of the day, one team will have a big pay day, a converted pink tarpon sport jacket and, best of all, bragging rights for another year.

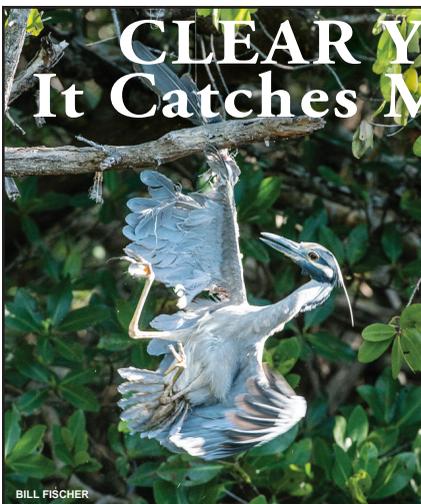
Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

## Send Us Your Fish Tales

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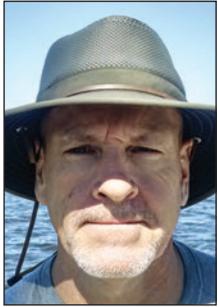


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**CROW Case Of The Week:**

# Injured Migrating Songbirds



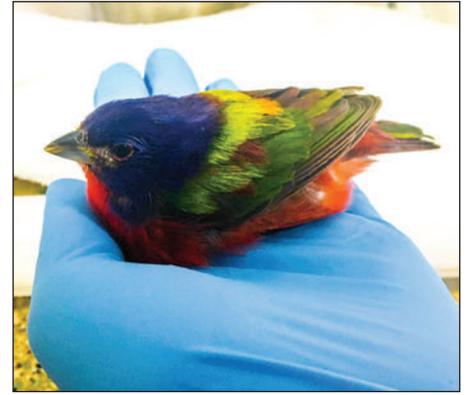
by Bob Petcher

**M**igrating songbirds, including many species of warblers, thrushes, vireos, orioles, flycatchers and grosbeaks, to name a few, are known to be strong travelers. During the course

of an evening, these night fliers can cover more than 200 miles only to find a tree near dawn to rest up for another night of migration. Incredibly, some long-distance fliers – like the scarlet tanager and cliff swallow – can cover a distance of more than 10,000 miles on a journey.

Keep a watchful eye out. Migrating songbirds are on the move at this time of year. According to the National Audubon Society, there are hundreds of millions of small songbirds migrating north in early May. With that vast estimated number, you can expect songbirds are flying north over a large territory of land and water in this country. There are reports that say that some of these migrating birds often return to the same tree each year. That's impressive!

Unfortunately, these night travelers sometimes get disoriented and suffer window strikes. According to The Sierra Club, collisions are the second largest killer



From left, patient #18-1501 and patient #18-1504 were temporarily stunned and were released within 24 hours. Patient #18-0246, on the far right, succumbed to severe brain swelling. photos by Brian Bohlman

of birds in the nation after cats. Bright lights tend to confuse birds, especially on buildings that reflect trees. These situations trick birds into thinking such reflections are actually places to perch. That causes these tired fliers to fly headlong into the glare.

At CROW, there have been a number of different species of songbirds admitted to the clinic, most commonly from window strikes.

“So far this year, we have admitted approximately 200 patients that sustained blunt force trauma from a known cause, such as window strike, hit by car, etc. Oftentimes, we do not have a history of what happened to the patient, so many other patients that are treated for trauma may ultimately fall into this category,” said Dr. Robin Bast, CROW veterinary intern.

“In the past two weeks alone, we have treated 12 songbirds for window strikes. Oftentimes, people will find a songbird at the base of a window to their house. The bird cannot see the glass barrier and

inadvertently flies into it, thinking it can fly through it.”

When a bird collides with a window, CROW officials state swelling in the brain may cause it to be temporarily stunned. Often times, it will just need some time for the swelling to subside, while other times the swelling may prove fatal.

“When a bird flies into a window, it often hits the glass head-first, resulting in blunt force trauma to the head. If the bird wasn't flying very fast, it may have only minor injuries, temporary mentation change or ‘stunning’ similar to a concussion in people,” said Dr. Bast. “However, it is also possible for the injuries to be more severe, resulting in brain swelling, permanent neurologic deficits and even fractures of the spine or shoulder bones.”

If a songbird is found after a window strike, keep it safe from predators while it recovers. Do handle the bird as little as possible but do not offer it any food or water. If the bird recovers quickly, it will

fly away. If it is slow to recover or has a broken wing or leg, it is best to get it medical attention immediately.

“If you find a bird that flew into a window and needs medical attention, bring it to your local wildlife rehabilitator,” said Dr. Bast. “Place it in a box in a quiet, dark space until you can bring it to a rehabilitator for further assessment. Do not offer food or water - if the bird is stunned, it is at increased risk of drowning or choking. Once at the rehab center, it will be assessed for any fractures, given pain medication and placed in oxygen while it recovers.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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Shell Of The Week

# Sunrise Tellin



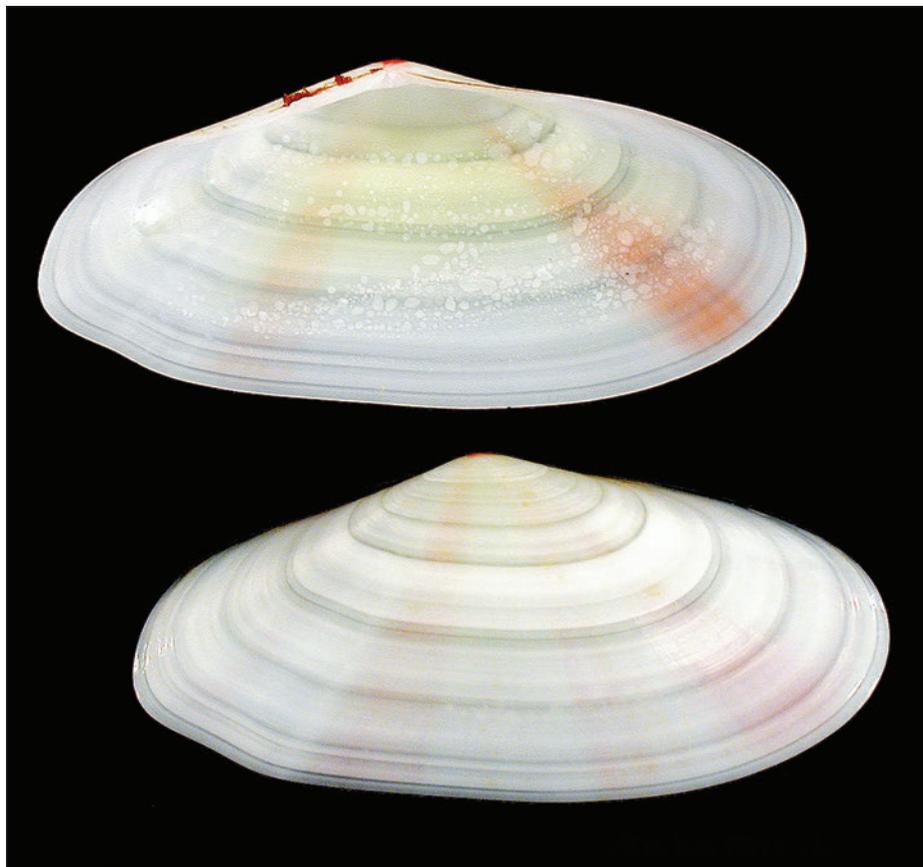
by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Sunrise Tellin, *Tellina radiata* Linnaeus, 1758, is likely the most attractive of all

tellins (family Tellinidae) found in the western Atlantic Ocean. Its shell is large (up to 65 mm, or about 2.5 inches), glossy, and delicately colored with yellow hues and reddish radial stripes that resemble rays of the rising sun. Its presence on Sanibel and Captiva, however, is questionable – only four entries of the species from the islands exist in the National Shell Museum collection, all collected prior to 1971. The species is nonetheless relatively common in the Florida Keys, Caribbean and other parts of the tropical western Atlantic. Learn more about local mollusks and their shells at [www.shellmuseum.org/shells/southwest-florida-shells](http://www.shellmuseum.org/shells/southwest-florida-shells) and <https://shellmuseum.org/blog>.

### Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We



The Sunrise Tellin, *Tellina radiata*, from Sanibel

photo by José H. Leal

are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you! Visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✳

# Become A Wildlife Volunteer

Last year, more than 5,000 volunteers assisted Florida Fish and Wildlife Conservation Commission (FWC) staff with 85 projects around the state.

“We value our volunteers. The positive power of volunteers strengthens our efforts to conserve Florida’s fish and wildlife resources,” said FWC Executive Director Eric Sutton. “If you want to combine being in Florida’s beautiful outdoors with volunteering, we encourage you to get involved as an FWC volunteer.”

Here are some projects that FWC volunteers are assisting with: Collecting data to increase knowledge of Florida’s imperiled species; instructing youth, residents and visitors on how to become responsible outdoor recreators; rescuing marine mammals; monitoring and restoring oyster reef habitat; constructing, installing and monitoring nest boxes for southeastern American kestrels and wood ducks; helping construct and maintain a gravity-fed irrigation system for plants used in scrub habitat restoration; helping improve visitors’ experiences at many of the FWC’s wildlife management areas; helping organize scientific data.

Visit [www.myfwc.com/get-involved](http://www.myfwc.com/get-involved), to see FWC volunteer opportunities available statewide and by region.

Volunteers can sign up for projects at [www.myfwc.com/calendar](http://www.myfwc.com/calendar), where a wide range of volunteer opportunities are advertised.✳

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# Reef Fish State For-Hire Program

At the April 26 meeting in Fort Lauderdale, the Florida Fish and Wildlife Conservation Commission (FWC) approved the creation of a Gulf Reef Fish State For-Hire program for 2018 and 2019. This program will enhance management efforts by requiring for-hire operations that target or harvest certain reef fish in Gulf of Mexico state waters (excluding Monroe County) to report their intention to harvest these species.

The FWC also discussed gulf red snapper management, including the 40-day gulf recreational season (June 11 to July 20, 2018). To learn more about the season in gulf state and federal waters, visit [www.myfwc.com/fishing](http://www.myfwc.com/fishing) and click on “Saltwater

Fishing,” “Recreational Regulations” and “Snappers.”

For-hire operations that do not have a federal reef fish permit but target reef fish in state waters will need to sign up for the Gulf Reef Fish State For-Hire program before targeting any of the following species: red snapper, vermilion snapper, gag grouper, red grouper, black grouper, gray triggerfish, greater amberjack, lesser amberjack, banded rudderfish and almaco jack.

This effort is part of a fishery-management pilot program (also referred to as an Exempted Fishing Permit) that allows the FWC to manage recreational red snapper harvest in gulf state and federal waters off Florida in 2018 and 2019.

To share your comments or input on gulf red snapper, visit [www.myfwc.com/saltwatercomments](http://www.myfwc.com/saltwatercomments).✳

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Sanibel Sea School educator Shannon Stainken, center, led a seagrass ecology class on the Sanibel Causeway photo provided

## College Students From Missouri Visit Sea School

Students from Culver-Stockton College, located in Canton, Missouri, visited Sanibel Sea School during their spring Three-Week Term, a time period at the end of each semester designated for educational travel and work experiences. The group participated in field-based lectures and activities designed to complement their classroom learning in topics such as environmental studies, sustainability and ecology.

Daily program topics included mangrove and seagrass ecosystems, the wrack line, subtidal ecology and conserving cultural history. Participants

also had a chance to paddle stand up paddleboards near the Sanibel Causeway Islands.

“Our teaching team thoroughly enjoyed developing course content for these college students,” said Sanibel Sea School Director of Education Nicole Finnicum. “It’s a treat to be able to delve into subjects that they are already familiar with. There have been so many interesting questions, valuable conversations, and fun moments this week,” she added.

The mission of Culver-Stockton College is to prepare students of promise for a dynamic world through a distinctive experiential curriculum within a supportive learning community.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean’s future, one person at a time. To learn more, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

## Trap Fishery Workshops

The Florida Fish and Wildlife Conservation Commission (FWC) needs your input on the recreational and commercial stone crab and blue crab fisheries and the commercial spiny lobster trap fishery. Share your feedback on potential regulation changes for this fishery.

The FWC is hosting public workshops throughout the state in May to develop a better understanding of the public’s view on management of these fisheries. Stone crab and blue crab will be discussed at all eight workshops. Spiny lobster, in addition to the other two fisheries, will be discussed at workshops in Key West, Key Colony Beach and Dania Beach.

Potential regulation changes being discussed include requiring all recreational stone and blue crab traps have an FWC-issued tag number affixed to the trap. Several potential

regulation changes for the commercial fishery will also be discussed including standardizing management measures across the fisheries.

The following workshops will be held from 6 to 8 p.m.:

Monday, May 14 – Key Colony Beach, City Hall, 600 West Ocean Drive

Tuesday, May 15 – Key West, Monroe County Gato Building, 1100 Simonton Street

Monday, May 21 – Dania Beach, Dania Lions Club, 501 SW Fourth Avenue

Tuesday, May 22 – Fort Myers, Joseph P. D’Alessandro Office Complex, Room 165 C&D, 2295 Victoria Avenue

If you cannot attend an in-person meeting, submit comments online by visiting [www.myfwc.com/SaltwaterComments](http://www.myfwc.com/SaltwaterComments). For more information and updates on these meetings, visit [www.myfwc.com/fishing](http://www.myfwc.com/fishing) and click on “Saltwater Fishing,” “Rulemaking” and “Workshops.”



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The next Ocean Tribe Paddlers event, a mangrove paddle, is coming up on May 13 photo provided

## Bowman's Beach Mangrove Exploration

Sanibel Sea School's Ocean Tribe Paddling Club organizes a meet-up each month for paddling enthusiasts to enjoy a group paddle, share tips and ideas, and meet new friends to paddle with.

Weather permitting, the next meet-up will be held on Sunday, May 13 from 2 to 3 p.m. Participants will paddle through the bayous, encounter wading and diving birds, and discover a bit about mangrove ecosystems. For the more adventurous folks, there's also an opportunity to

portage over Old Blind Pass and into the gulf.

Those interested in joining the paddle should bring their own paddling equipment (kayaks, canoes, stand up paddleboards and other paddle-powered vessels are all welcome). A limited number of loaner boards are available, but must be reserved via email in advance. The group will meet at the Bowman's Beach kayak launch. Parking is \$5 per hour.

Your first Ocean Tribe Paddlers event is free, then it is requested that you purchase a membership online at [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org). PRSVP to [oceantribepaddlers@sanibelseaschool.org](mailto:oceantribepaddlers@sanibelseaschool.org).

Stay tuned for future meet-ups. Any weather-related changes will be announced via the Ocean Tribe Paddlers Facebook page on the event day.✱

## Peaceful Paddling On The Sanibel Canals

by Ocean Tribe Paddlers

Easily accessible from the Sanibel Boat Ramp, the canals of Sanibel's east end offer a place



for peaceful, protected paddling. Mostly sheltered from the wind, and with plenty of shady stretches, the waters are calm and there are endless nooks and crannies to explore.

If you're a fan of landscaping and architecture, enter the canals at the Sanibel Marina and turn immediately right to explore the Shell Harbor neighborhood. There are beautiful homes and gardens to admire as you glide by, and a few abstract outdoor sculptures along the way.

If you prefer the solitude of the mangrove forest, head straight past the marina, pass under a small bridge, paddle along the thin mangrove corridor and turn left when you come to a T-shaped intersection. This path will lead you through dense foliage as you approach the Kinzie Island area. Keep an eye out for wading birds and mangrove crabs.

Before paddling the canals, it is helpful to orient yourself. We like to use the satellite aerial view feature on Google

Maps. Perhaps look for the two Periwinkle Way bridges and find the "East End Canal Loop" that passes under both. This paddle route will take you through residential and mangrove zones, and it is a great introduction to what the canals have to offer.

No matter which direction you choose, there is a good chance you will encounter manatees, dolphins, birds and other wildlife along the canals. We recently spotted a bald eagle flying near the Lindgren Boulevard bridge. It can also be fun to look for invasive iguanas sunning themselves along the walls. Happy paddling.

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.✱*

## Daily Programs At Shell Museum

The Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road, offers daily Tank Talks at 11 a.m., 12:30, 2:30 and 4 p.m. Daily Shell Crafts are from noon to 3 p.m. (Shell Jewelry from 1 to 2:30 p.m. on Wednesdays). Included with museum admission, no reservations required. Schedule subject to change.

The museum also offers daily Beach Walks led by shell experts. For reservations and pricing, visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.✱



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## SCCF Sea Turtle Nesting Statistics



The first marked sea turtle nest of the season

photo by Alexis Horn of SCCF

The 2018 sea turtle season has begun. Here is the first Sanibel-Captiva Conservation Foundation (SCCF) report on nesting for the islands.

The first west end loggerhead nest was first discovered by the night interns and then by sea turtle volunteers on the morning of May 4. This female was originally tagged on May 27, 2016 near the Rabbit Road access, and last night she nested in front of Waterside Inn.

There are now seven nests on Sanibel and Captiva (six loggerhead and one Kemp's ridley).

### As of May 4, 2017

Sanibel East: 2 loggerhead nests, 0 green nests, 1 loggerhead false crawl\*, 0 green false crawls

Sanibel West: 2 loggerhead nests, 0 green nests, 7 loggerhead false crawls\*, 0 green false crawls

Captiva: 3 loggerhead nests, 0 green nests, 1 loggerhead false crawls\*, 0 green false crawls

### As of May 4, 2018

Sanibel East: 2 loggerhead nests, 0 green nests, 1 loggerhead false crawl\*, 0 green false crawls

Sanibel West: 1 loggerhead nests, 0 green nests, 2 loggerhead false crawls\*, 0 green false crawls

Captiva: 3 loggerhead nests, 0 green nesst, 1 loggerhead false crawl\*, 0 green false crawls

\*False crawl – a failed nesting attempt

Please keep the beaches sea turtle friendly:

Turn off or shield all lights that are visible from the beach. Do not use flashlights or cell phone lights on the beach. If necessary, use amber or red LED bulbs.

Do not disturb the screens covering nests. They prevent predators from eating the eggs and the hatchlings emerge through the holes without assistance.

Remove all beach furniture and equipment from the beach at night.

Dispose of fishing line properly to avoid wildlife entanglement.

Fill in large holes that can trap hatchlings and nesting sea turtles.

Do not disturb nesting turtles – please do not to get too close, shine lights on or take flash photos of nesting sea turtles.

Pick up litter.

If you have questions, or would like to know more about nesting statistics on Sanibel, email [seaturtle@sccf.org](mailto:seaturtle@sccf.org) or call SCCF at 472-2329.\*

From page 14

## Alligators

temperature by basking in the sun, they may be easily observed. However, the FWC urges people to keep their distance if they see one. And never feed alligators because it is dangerous and illegal.

The FWC places the highest priority on public safety and administers a Statewide Nuisance Alligator Program (SNAP) to address complaints concerning specific alligators. People

concerned about an alligator should call the FWC's toll-free Nuisance Alligator Hotline at 866-FWC-GATOR (392-4286). SNAP uses contracted nuisance alligator trappers throughout the state to remove alligators four feet in length or greater that are believed to pose a threat to people, pets or property. The FWC also works diligently to keep Floridians and visitors informed, including providing advice about living with alligators.

Learn more about alligators at [www.myfwc.com/alligator](http://www.myfwc.com/alligator).

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SFWMD has completed its restoration work in the Southern Corkscrew Regional Ecosystem Watershed (CREW) in Lee County photos provided

## Watershed Restoration Completed

The South Florida Water Management District (SFWMD) officially completed the restoration of 1,000 acres of the Southern Corkscrew Regional Ecosystem Watershed (CREW) in Lee County before handing the project over to its Land Stewardship Division for long-term

management.

“By taking out roads and plugging ditches, this agency continues much needed restoration while also maintaining flood control by providing water storage to protect nearby residential properties,” said Big Cypress Basin Board Chairman and SFWMD Governing Board Member Rick Barber, an avid hiker of the CREW region and longtime secretary of the CREW Trust Executive Committee. “As the results of our efforts begin to pay dividends, I have no doubt that Southern Corkscrew will be fully restored to its natural



A great crested flycatcher in CREW

beauty.”

SFWMD and its partners – representing businesses, environmental groups, landowners and governmental agencies – manage the watershed for its numerous benefits to water storage and wildlife preservation. The 60,000-acre watershed, spanning Lee and Collier counties, includes a 5,000-acre marsh at its headwaters, as well as the famous Audubon Corkscrew Swamp Sanctuary.

Work began on this SFWMD restoration undertaking back in 2016. The project included degrading approximately 10 miles of roads built

decades ago, as well as berms, while also removing spoil piles, plugging ditches and canal drainage systems.

All of this work allowed the area to return to its natural hydrological conditions of periodic inundation. The restoration project benefits the entire Southwest Florida ecosystem and its residents by restoring wetlands and historic sheetflow of water, improving regional flood protection, drainage and increasing water storage and aquifer recharge capability.

### About CREW

Water once flowed freely across the pristine landscape of what is now Bonita Springs in Lee County. Historic sheetflow in the Corkscrew Regional Ecosystem Watershed was later blocked by dirt roads, agricultural ditches and several residential communities. This altered the ecosystem and contributed to flooding in areas.

Floods in 1995 led the SFWMD to develop the Southern CREW Restoration Project to restore the ecosystem while protecting residents and their properties.

With work spanning more than a decade, the SFWMD acquired approximately 4,000 acres for this project, cleared exotic vegetation from more than 2,500 acres, removed roads and plugged agricultural ditches on more than 600 acres. To date, the SFWMD and state have invested more than \$32 million to conserve the lands, with the U.S. Department of Interior contributing another \$7 million to the restoration effort.\*

## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

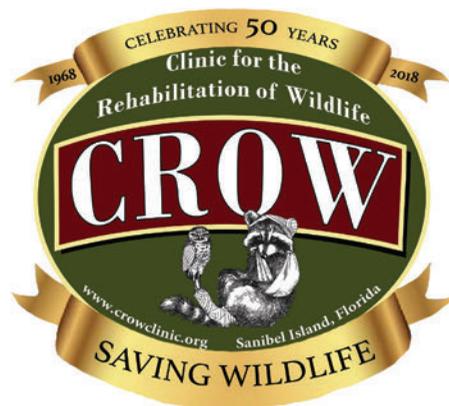
For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or [dwaszmer@crowclinic.org](mailto:dwaszmer@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, May 11, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, May 11, 11 a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW’s animal ambassadors will be



present.

**Monday, May 14, 11 a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

**Tuesday, May 15, 11 a.m.** (Adults: \$12, Ages 4-12: \$7, Age 3 and under: Free)

Patient Profiles: Gopher Tortoises (Daily Presentation)

The life of a Gopher Tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a “Keystone Species.” Come listen as

CROW’s presenter describes why they are admitted how the medical staff treats this species.

One of CROW’s Animal Ambassadors will be present.

**Wednesday, May 16, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, May 16, 11 a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

**Thursday, May 17, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, May 17, 11 a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey

(daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters.

This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW’s animal ambassadors will be present.\*

## National Safe Boating Week

The 60th annual National Safe Boating Week kicks off on Saturday, May 19. More than 45,000 people around the world will participate in fun, family-friendly events to bring awareness to safety issues. Here’s a sampling of upcoming events:

May 18 – Wear Your Life Jacket to Work Day. Boaters are encouraged to wear their life jacket to work, snap a picture and share on social media with the hashtags #lifejacket2work and #safeboating.

May 19 to 25 – National Safe Boating Week. This annual awareness boating safety week is the kickoff for the yearlong Safe Boating Campaign.

May 19, June 9, July 7, August 11 – Ready, Set, Wear It events. All who enjoy boating can participate in one of these four events to raise awareness about the importance of wearing a life jacket and available life jacket styles. Go ahead, grab your life jacket and find resources to plan a #RSWI2018 event in your community at [www.safeboatingcampaign.com](http://www.safeboatingcampaign.com).\*

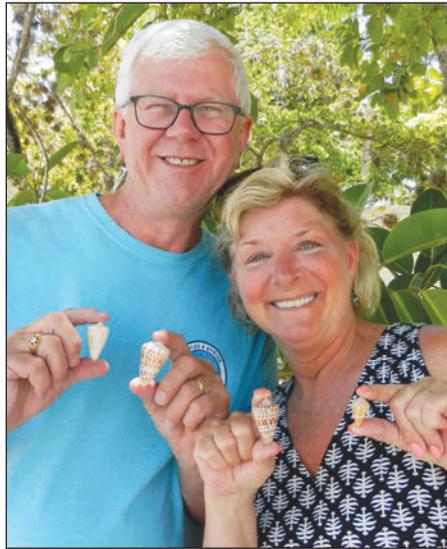
## Shell Found



Stephen Clay photo provided

Stephen Clay, the grandson of Grace Towler and Char Durand, found a beautiful olive shell while shelling on the Sanibel side of the beach at Blind Pass. "Stephen loves shelling!" said Towler.✱

## Shells Found



John and Sally Leneave photo by A. Ziehl

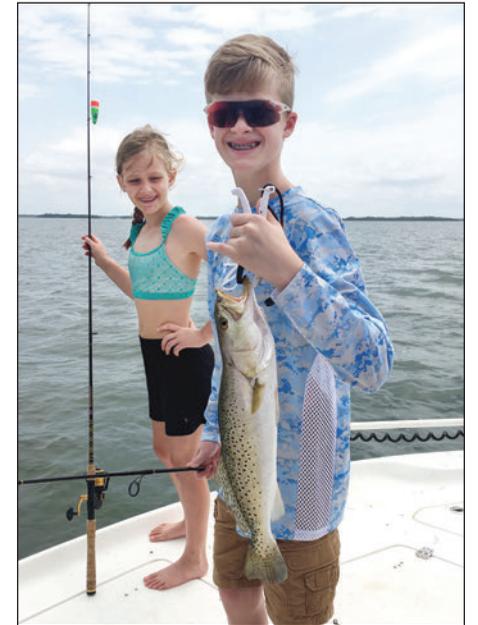
John and Sally Leneave, visiting from Conroe, Texas, found four alphabet cones at Beach Access #3 and #7 while staying at Barb and Doug Walling's home. "We have been coming to Sanibel since 1984 and love vacationing here," they said. "The shelling is just wonderful."✱

## Fish Caught



Avery Swartzendruber and Capt. Ben Biery photos provided

Avery Swartzendruber had a successful day of fishing on her annual birthday trip with Capt. Ben Biery of Cast About Charters. Avery, 12, landed snook, redfish, seatrout and mackerel, and also hooked a large tarpon. Her brother, Jackson, caught and released seatrout and mackerel.✱



Avery and Jackson Swartzendruber

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From left, Elliot Sudal, Steele Floyd and his father CJ Floyd with the 12-foot hammerhead shark photos by Morgan Matson

## Hammerheads Caught, Tagged And Released

In collaboration with the conservation efforts of NOAA Apex Predators Program, Elliot Sudal caught a 12-foot male hammerhead shark on Sanibel Island near Blind Pass on May 6, along with CJ Floyd, Morgan Matson, Kathy Fjeldstad,

Liz Lombardo and Merrill Taylor. Sudal also caught a female hammerhead shark at Blind Pass the previous night on May 5. Both sharks were quickly tagged with research data then released safely.

After working with NOAA for years, Sudal will start working this summer with the New England Aquarium to head up the Nantucket shark research division studying the migration of sand bar sharks.

The 12-foot hammerhead was named after Sudal's Instagram account, AckSharks.✪



Elliot Sudal safely releasing the 12-foot hammerhead shark



From left, Merrill Taylor, Kathy Fjeldstad and Pam Rambo assisting Elliot Sudal with the release

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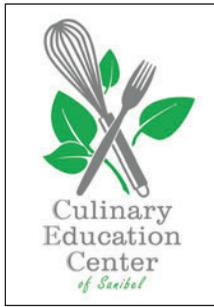
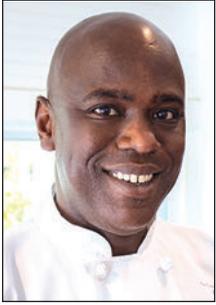
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The Community House

## Turmeric



by Resident Chef Jarred Harris

**T**urmeric is the root of the curcuma longa plant, which is a member of the ginger family. In fact, ginger root and turmeric root are often mistaken for each other. Turmeric root is smaller than ginger root and has bright orange flesh, whereas ginger root is much larger and has slightly yellow flesh. Both are used in soups, curries and health drinks and both can be found dried or raw.

Turmeric originated in India about 3,000 BC and the root is still cultivated there in large quantities. India is the world's largest producer of turmeric powder and the country also consumes the largest amount of turmeric in the world.

Turmeric, also known as Indian saffron, has many different uses. It is used as a fabric dye and it is also used as a culinary coloring agent. Have you ever wondered why American mustard

is yellow, or why some Indian and Thai curries are yellow? Turmeric powder was used as a coloring agent.

This amazing root has also been used for medicinal purposes for many years. Turmeric is an anti-carcinogenic and a powerful antioxidant. It is used to treat stomach disorders, improve liver function, it is a body detoxifier and has even been used as an anti-venom for King cobra bites. Turmeric has anti-inflammatory properties and is a good source of dietary fiber, magnesium, iron, potassium, B6 and vitamin C.

If you would like to try turmeric root, here is a simple recipe.

**Mulligatawny Soup**

## Ingredients

- 2 tblsp. butter
- 2 stalks celery (fine diced)
- 1 medium onion (fine diced)
- 1 medium carrot (fine diced)
- 1 medium russet potato (peeled and rough diced)
- 1 granny smith apple (peeled, cored and rough diced)
- 1-inch piece of turmeric root (peeled and minced)
- 2 tsp. cumin (ground)
- 2 cups chicken stock
- 1 can coconut milk
- 2 tblsp. cilantro (stems)
- Salt and pepper (to taste)

## Method

In a large, heavy bottom pot, melt the butter over medium heat. Once the butter is melted, add the cumin, celery, onions, carrot, potatoes, apples and turmeric. Cook for two minutes.

Stir in the chicken stock, coconut

milk and cilantro, then bring to a boil.

Reduce heat to a simmer. Cook on a low heat, gently simmering for 25 minutes or until the potatoes are very soft.

In small batches, puree the soup at high speed in a blender or with an emersion blender or food processor.

Can be served hot or cold.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel.

For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.\*

## Top Ten Books On The Island

1. *Lillian Boxfish Takes a Walk* by Kathleen Rooney
  2. *Dame and the Sanibel Sunset Detective* by Ron Base
  3. *Women in the Castle* by Jessica Shattuck
  4. *Woman in Cabin 10* by Ruth Ware
  5. *Anything is Possible* by Elizabeth Strout
  6. *Educated* by Tara Westover
  7. *Bricklayer of Albany Park* by Terry John Malik
  8. *If the Creek Don't Rise* by Leah Weiss
  9. *Midnight Line* by Lee Child
  10. *Stars are Fire* by Anita Shreve
- Courtesy of MacIntosh Books and Paper.\*

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.

**Traders Gulf Coast Grill & Gifts** has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Kathy Buda. Dusk performs on Saturday, Sunday and Wednesday. On Thursday, it's Barbara Dexter.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandnews.com](mailto:press@islandnews.com) or 395-2299.\*

"Top 5 Breakfast in Florida" - Southern Living

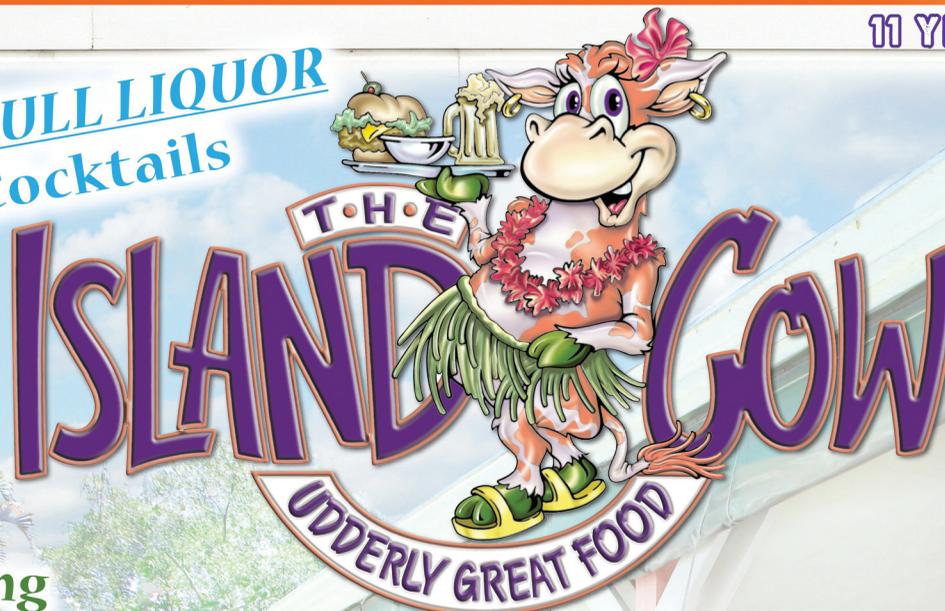
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# FINEST FARE ON THE ISLANDS

## BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. Pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa. 472-1516

## BLUE GIRAFFE

Family owned Blue Giraffe offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists. The menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap. 472-2525

## BLEU RENDEZ-VOUS FRENCH BISTRO

Parisian Chef Christian Vivet and his Floridian wife Mari Vivet are hosts of the classic French bistro. Choose from an array of appetizers, the extensive a la carte menu, a Prix Fixe Tasting Menu, the Chef's Bleu Inspirations or Petite Plates. Pair your dinner with an extensive French and domestic wine list, dessert wines or French craft beers. Authentic French dishes and desserts are prepared from scratch in the open kitchen. You'll feel welcome by Mari's southern hospitality as you are greeted at the door. Open Tuesday through Saturday at 5 p.m. Reservations encouraged. 565-1608

## CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages — including "Cip" — and if you don't recognize them all, ask to see the "key." Food choices range from comfort to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Dine on the outdoor garden patio, front porch or indoors. Full bar available. Open 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m. 472-0223

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel and Captiva islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers lunch and dinner daily from 11 a.m. to 10 p.m. 472-8311, 312-4275, 765-9660

## DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 6 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

## GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. Tie up for a night or two at available dockage if you wish. Open daily at 11:15 a.m. For dinner, arrive before 8 p.m. 472-8138

## IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open 7 days a week from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 6 p.m. 472-5555

## IL TESORO

Il Tesoro (The Treasure) serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines. Il Tesoro serves dinner seven nights a week from 4:30 to 10 p.m. Sunset Dining specials are served from 4:30 to 6 p.m. Reservations suggested. 395-4022

## ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails. Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m. 472-0606

## ISLAND PIZZA

Island Pizza does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. The family-owned restaurant specializes in home-cooked Italian cuisine and has been voted Best Pizza on the Island from 2009 to 2016. There is also a large selection of appetizers and salads as well as wings, subs, calzones and seven choices for kids. Boar's Head deli meats are served on subs. Open seven days a week from 11 a.m. until late evening. Lunch is served from 11 a.m. to 5 p.m. with BOGO drafts from 11 a.m. to 5 p.m. Eat in, take out or free local delivery. 472-1581

## JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 472-9300

## LA BELLA VITA RISTORANTE

This Sanibel Island Beach Resort restaurant features Italian signature dishes with an emphasis on coastal flavors and fresh ingredients.

La Bella Vita Ristorante serves breakfast daily from 8 to 11 a.m. and dinner from 5:30 to 9 p.m.

There is also the Poolside Tiki Bar with casual fare and views of the beach and sand dunes. It is open daily from 11 a.m. to sunset with lunch available daily from 11 a.m. to 5 p.m.

The eateries are a part of the boutique hotel on the edge of the Gulf of Mexico at the corner of Donax Street and Middle Gulf Drive. www.sanibelbeachresort.com. 472-4123

## MATZALUNA ITALIAN KITCHEN

Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas. That's in addition to a big menu; over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza and pasta available. Choose from a large selection of Florida craft beer; draft, cans or bottles plus full liquor bar. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Open 4:30 to 9 p.m. daily with happy hour from 4:30 to 6 p.m. 472-1998

## OVER EASY CAFE

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 472-2625

## PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioner's sugar. Take out, delivery and outdoor dining available. 472-2534

## SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well. 472-2555

## SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 to 11:30 p.m. with happy hour from 4 to 6 p.m. and 10 to 11:30 p.m. 472-3128

## SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe where the emphasis is on providing creative culinary creations designed to nourish and delight. Choose from fresh salads, Wizard Waffles, classic burger, Mexican plates, indulge in Indian curry, Vietnamese pho or raw vegan lasagna. Pair your meal with a locally crafted beer, organic wine or housemade kombucha. The juice bar offers smoothies, herbal elixirs and custom juices as well as espresso and cappuccino. Donuts, pies, cupcakes or truffles are also available. The Sanibel Sprout is open for breakfast, lunch and dinner from 10 a.m. to 7 p.m. Monday through Saturday and from noon to 7 p.m. on Sunday. 472-4499

## SEA BREEZE CAFÉ

Panoramic Gulf views await you at the Gulf-front Sea Breeze Café where the menu celebrates fresh local produce and seafood. Open 7 AM- 10 PM daily, enjoy breakfast, lunch and dinner on the outdoor terrace or dine indoors and watch the giant salt water aquarium. Happy Hour is every day from 3-5 PM. Celebrate the start of the week with Margarita Mondays, with \$5 margaritas from 4-10 pm and live island-style entertainment from 5:30-8:30 pm. Sea Breeze Café is located at Sundial Beach Resort & Spa. Visit www.sundialresort.com/eat for menus and to make a reservation. 472-4151

## SHIMA JAPANESE STEAKHOUSE & SUSHI BAR

Voted Best Sushi, Best Steak and Best Chef on the Islands, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar featuring 'dinner

and a show' at the hibachi grill. Shima offers sushi and teppanyaki perfectly orchestrated to delight the senses. Shima Grab N Go serves up the same award winning sushi for take-out. Visit www.shimasushiteak.com for reservations (highly suggested), menus and hours. Shima is located at Sundial Beach Resort & Spa. 472-4151

## SWEET MELISSA'S CAFE

Award-winning Sweet Melissa's Café offers eclectic fine dining in a casual, relaxed atmosphere. The restaurant features handcrafted artisan cocktails, local craft beers, a *Wine Spectator* award-winning wine list and a farm-to-table, chef-driven menu. Have lunch or dinner in the dining room, on the screened-in patio, or at the chef's bar and watch Melissa and her staff in action. There is live music Wednesday through Saturday featuring acoustic guitar by Michael David. Lunch is served Monday through Friday from 11:30 a.m. to 2:30 p.m. Dinner is served Monday through Saturday from 5 p.m. until closing. Happy hour at the bar, featuring 2-for-1 draft beers, glasses of wine and well cocktails as well as a light menu for afternoon snacking, is Monday through Friday from 4 to 6 p.m. Call for reservations. 472-1956

## TIDEWATER BISTRO

Tidewater Bistro recently opened in Palm Ridge Place and offers breakfast, lunch and dinner in the renovated space on the far left of the plaza. Owner David Maudlin serves casual, island-style fare with fresh and often locally sourced ingredients. Open Monday through Saturday from 8 a.m. to 9 p.m. and Sunday 8 a.m. to 3 p.m. 472-9283

## TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and adjoining Sanibel Grill are mainstays of the island dining scene, boasting 40 years of fresh fish on Sanibel. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. The seafood market opens at 11 a.m. (Sunday at 2 p.m.) The restaurant is open seven days from 4:30 to 9 p.m. The Grill is open seven days from 4 to 11:30 p.m. The Raw Bar is open Wednesday to Saturday. 472-3128

## TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. 472-7242

## T2 BY TRADERS

Opened by the owners of Traders, T2 in The Village Shops offers trendy tacos and savory flatbreads, in addition to coastal-inspired classics. All dishes are executed by the talented Executive Chef Mike Patnode. A full bar features mixology cocktails such as Sanibel Sunset and Elderflower Bloom, a rotating Florida craft and draft beer selection, and an extensive wine list. Stop in the T2 Gift Shop for a unique find for yourself or someone special.

Open 11 a.m. to 9 p.m. for lunch, dinner or any time in between. Outdoor seating is available.

## TRADITIONS ON THE BEACH

Traditions on the Beach has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations suggested. 472-4559

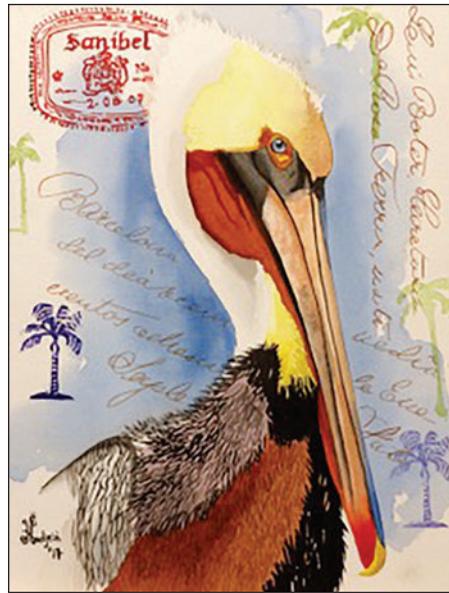


Shah Hadjebi photos provided

## New Artist At Tower Gallery

Shah Hadjebi has joined the artists cooperative at Tower Gallery. Hadjebi is a full time watercolor artist residing on Sanibel. He is a late 1980s graduate of Syracuse University and comes from a creative family of fine artists, architects, interior designers, industrial designers and furniture designers.

Although he has been painting part-time for the past 20 years, he started out as a musician. Along the



A Sanibel-inspired work by Shah Hadjebi

way, he discovered that painting is his most natural outlet and passion. Hadjebi's subjects range from wildlife to still life and realism. Living on Sanibel, he is supplied with an endless array of subjects; wading birds on the beach and at "Ding" Darling National Wildlife Refuge, classic automobiles at car shows at Periwinkle Place and other popular landmarks around the island. His main goal is to bring some presence and mindfulness into this hectic world and to live a life where inner and outer purposes are aligned.

Hadjebi's paintings are on view and for sale at Tower Gallery, located at 751 Tarpon Bay Road, as well as on his website at [www.watercolorsbysah.com](http://www.watercolorsbysah.com). The gallery is open seven days a week from 10 a.m. to 9 p.m. For more information, call 472-4557.\*



Vintage automobile by Shah Hadjebi

## Love Inspired Collection At Local Jeweler



Front of pendant Back of pendant photos provided

Show mom how much you love her this Mother's Day with an exquisite piece from the Charles Krypell Love Story collection, available exclusively at Lily & Co. Jewelers. The collection was created to inspire the love in all of us.

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Book Review

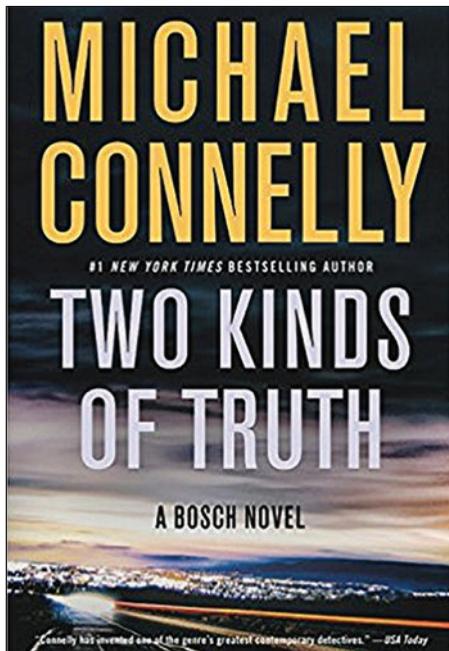
# Two Kinds Of Truth



by Di Saggau  
**M**ichael Connelly's page turner *Two Kinds of Truth*, features Harry Bosch, a well-known character to his readers. Bosch becomes involved again in a case involving Preston Borders, who was

convicted 30 years ago of raping and murdering three young women. He's currently on death row in San Quentin. Now new evidence has surfaced that might get him out of prison. Meanwhile, Bosch who works cold cases for the San Fernando Police Department, lands a new case involving the murder of two pharmacists.

All the structural problems you might expect from combining two unrelated cases together take place, but they eventually come together and a wonderful courtroom sequence makes you want to stand up and cheer. With regard to the two killings in a local pharmacy, Bosch and the tiny town's three-person detective squad sift through the clues, which lead into the dangerous, big-business world of prescription drug abuse. To get to the people at the top, Bosch must risk everything and go undercover in the shadowy world of organized crime and pill mills. He poses as an addict and potential drug mule.



As to the old case, the man on death row has accused Bosch of framing him, and he seems to have new evidence to prove it. If this conviction is overturned, every case Bosch ever worked will be called into question. He has to fend for himself as he tries to clear his name and keep a clever killer in prison.

The two cases wind around each other like strands of barbed wire. Along the way, Bosch discovers that there are two kinds of truth: the kind that sets you free and the kind that leaves you buried in darkness. *Two Kinds of Truth* is a tense, fast-paced, well-written and engaging story from a master of the genre.\*

# School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, The Florida Standards Assessment (FSA) tests are quickly approaching. The FSA is one measure of a student's achievement

of Florida's education standards. These standards were developed and implemented to ensure that all students are ready for success in college, careers and life. The test results allow schools to determine whether the grade-level goals are being met and if students are ready to move on to the next level.

Sometimes children become anxious about these tests, so here are some basic tips that you can share with them for successful test taking.

### Test Taking Tips:

Bring at least two pens/pencils with good erasers, a calculator with enough batteries and any other resources that your instructor allows you to.

Bring a watch to the test so that you can better pace yourself.

Keep a positive attitude throughout the whole test and try to stay relaxed. If you start to feel nervous, take a few deep breaths to relax.

Keep your eyes on your own paper, you don't want to appear to be cheating and cause unnecessary trouble for yourself.

When you first receive your test, do a quick survey of the entire test so that you know how to efficiently budget your time.

Do the easiest problems first. Don't

stay on a problem that you are stuck on, especially when time is a factor.

Do the problems that have the greatest point values first.

Pace yourself, don't rush. Read the entire question and pay attention to the details.

Ask the instructor for clarification if you don't understand what they are asking for on the test.

Write legibly. If the grader can't read what you wrote, they'll most likely mark it wrong.

Always read the whole question carefully. Don't make assumptions about what the question might be.

If you don't know an answer, skip it. Go on with the rest of the test and come back to it later. Other parts of the test may have some information that will help you out with that question.

Don't worry if others finish before you. Focus on the test in front of you.

If you have time left when you are finished, look over your test. Make sure that you have answered all the questions. Only change an answer if you misread or misinterpreted the question because the first answer that you put is usually the correct one. Watch out for careless mistakes and proofread your essay and/or short answer questions.

Double check to make sure that you put your first and last name on the test.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**

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# Lee Virtual School Summer Courses Begin May 14

**M**iddle and high school students have the chance to enroll in Lee Virtual School's summer courses. Interested students should meet with their school counselors to sign up.

Students have access to many of the same courses as they would in a traditional school when taking summer courses online but also get the flexibility of a dynamic schedule.

Students requesting courses should indicate Lee County Virtual School and a May 14 start date. This will allow

students to start Monday, May 14 and work an abbreviated 10-week pace chart to complete one semester (0.5 credit) courses.

Driver Education (Traffic Law & Substance Abuse Education course) and HOPE are also available online and can be completed well within the timeframe.

Lee Virtual teachers are available to assist students throughout the week during the summer session.

Lee County is home to one of Florida's top-ranked virtual schools. Lee Virtual Instruction Program is the only kindergarten through 12th grade public accredited online public school in the area.

For more information, call Lee Virtual School at 337-8178.\*

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# Differing Views Of The American Dream

by Di Saggau

**A** *Raisin in the Sun* premiered on Broadway in 1959 and has remained essential theater. It is the first play written by an African-American to be produced on Broadway, and it's playing through May 13 at Theatre Conspiracy. I highly recommend you see it. Written by Lorraine Hansberry, *A Raisin in the Sun* is about dreams as the main characters struggle to deal with racial bigotry and injustice in their lives. The title comes from a Langston Hughes poem, *Harlem*, about dreams and what happens to them when they fail to become reality. "Does it dry up like a raisin in the sun?"

The play follows the Youngers, a poor, hard-working, African-American family living together in an apartment on the South Side of Chicago. After the death of their patriarch, they await a \$10,000 check from the insurance company and try to figure out what to do with it. Walter (Derek Lively) wants to make a business investment in a liquor store. He is unhappy in his job as a chauffeur and desires a better lifestyle. His mother Lena (Patricia Idlette), while realizing Walter's dreams, is intent on purchasing a home for all of them to live in. Both actors give tremendous performances.

The rest of the cast also shines with Rose Thomas as Beneatha, Walter's sister, the identity-seeking intellectual who



The entire cast of *A Raisin in the Sun*

photo provided

longs to be a doctor. Cantrella Canady is Walter's exhausted wife Ruth, who wants to escape the dreary confines of their apartment. Beneatha's suitors are Kenneth Jones as Joseph Asagai from Nigeria, and Peter Lange as the wealthy George Murchison. James Robinson, the only white actor in the play, is the cagey Karl Lindner from the white neighborhood association that doesn't want the Youngers as neighbors. Keehnon Jackson is Ruth

and Walter's 16-year-old son Travis, Sandra Dixon is the meddlesome neighbor Mrs. Johnson, and Lemec Bernard is Bobo, the bearer of the bad news that squashes Walter's dreams.

The play's strength is in the little things that motivate us all and give us hope. It's also about the family's individual struggles to discover who they are and about self-worth in a white-dominated society. There are moments of humor, tenderness

and heartbreaking despair. The play has some of the best theater dialogue ever written and the devastating second act finale is masterful. On the way out, I heard someone say, "Now that's what I call good theater." The play, directed by Sonya McCarter, is not to be missed.

Theatre Conspiracy is located at Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. For tickets, visit [www.artinlee.org](http://www.artinlee.org) or call 939-2787. ✪

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Experience Virtual Reality at the Sanibel Public Library

photos provided

## Upcoming Programs At Sanibel Library

As Sanibel Public Library's Your Library Reimagined remodel project continues, the facility is open for normal operating hours. Popular services like computers, printers, high speed Wi-Fi, newspapers, newspapers and reference services are available. The other half of the library is being renovated, expected to reopen in early fall 2018.

Stop by the library's tech area between 10 a.m. and 1 p.m. to test drive a Virtual Reality (VR) viewer on May 14, 18 and 25. On those days, patrons age 10 and older can enjoy a five-minute VR experience. VR is a computer-generated simulation of images that creates environments that allow people to be "present" in an alternative environment; it starts with the real world and overlays objects with 360 degree video that captures an entire scene.

The Blu Deep Sea VR Experience is planned for Monday, May 14 and Friday, May 25. Paint your own 3-D



### Sign up for the library's Summer Reading Program on May 26

masterpiece in a virtual world with Google Tilt Brush on Friday, May 18.

The library's annual Summer Reading Kick-off Party is scheduled for Saturday, May 26 from 10 a.m. to 12:30 p.m. Youth, from babies to age

18, are invited to participate in the summer reading program, even if they cannot attend the kick-off party.

For more information about the Sanibel Public Library, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [islandsunpoetry@gmail.com](mailto:islandsunpoetry@gmail.com). Each week, an individual poem will be showcased.

by Hannah Star Rogers

### How the Captain was Civilized by a Blue Clam

Through buttonwoods' yet fragrant flower the tide at night exposed its tender meat for snails. The pods yet dangle as a weeping chime as through them moves the ochre mangrove crab.

The open shell its tongue unfolds in tide its open whirl the sun pulls back and dries. The ocean curls around the pressing oars, overhead cadence and a flag unfurls.

Collecting ship, we treasure the least rare: the seeds, the hides of creatures large and small, the temperature of parts unknown, the glass holds worlds seen by the microscope alone.

I but a new man, a tabla rasa, my wax now fused to freshly mollusced sands, peeled back the shell, poured in the boiling sea, and from blue flesh yet she a gleaming white.

While ocean touched her brief array she glowed, yet when I packed her in wool cloth she grayed. If time should take me back to those late waves, I would return to that great beach the pearl.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the *Kenyon Review*, *LA Review of Books*, *Carolina Quarterly* and *Southern Women's Review*.



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1 pound large pink shrimp, peeled and deveined with the tail on  
 2 tablespoons seafood boil seasoning  
 2 pink grapefruit, peeled and segmented, seeds removed  
 3 tangelos, peeled and segmented, seeds removed  
 3 tangerines, peeled and segmented, seeds removed  
 1 sweet pepper, diced  
 1 red onion, diced  
 1 tablespoon olive oil

3 limes, juiced  
 ½ cup fresh cilantro, chopped  
 1 large avocado, peeled, pitted and diced  
 Sea salt and fresh ground pepper to taste  
 1 bag plantain chips or tortilla chips  
 Fill a medium-sized sauce pot ¾ the way with water, and heat over medium-high.  
 Add the seafood seasoning to the boiling pot of water.

Add the shrimp and cook for 2 to 3 minutes or until completely done.

As soon as the shrimp are done, plunge them into an ice water bath to stop the cooking and cool them off.

When the shrimp are completely cool, strain them and put them into a medium-sized mixing bowl.

Add the citrus, sweet pepper, red onion, olive oil, lime juice, cilantro and avocado.

Season the ingredients to taste with salt and pepper.

Stir to combine ingredients.

Serve ceviche with chips.✪



Cooked Pink Shrimp and Citrus Ceviche

photo courtesy Fresh From Florida

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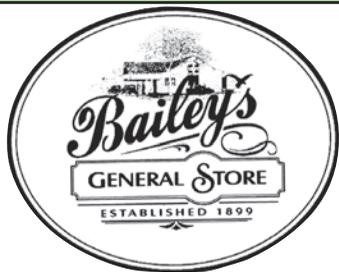
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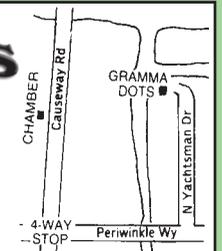


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## Opposition Sought For New Development

by Jeff Lysiak

A major off-island residential development that has been in the works for the past six years is about to come before a Lee County hearing examiner next week, and environmental activists are rallying other concerned citizens to share their objections for the proposed development.

An application for Eden Oak Preserve seeks to rezone 36 acres of jurisdictional, coastal mangrove wetlands and open water, from Agricultural (AG-2) to Residential Planned Development (RPD) to enable the development of 55 single family homes and 56 boat slips. The proposed development site is located on both sides of Shell Point Boulevard, which is surrounded by the Shell Point Retirement Community to the north, San Carlos Bay to the west and the Estero Bay State Buffer Preserve to the south.

Currently, the property is owned by Ontario, Canada-based Eden Oak LLC, a commercial developer responsible for the construction of more than 30 significant developments in the greater Toronto area.

According to officials from the Sanibel-Captiva Conservation Foundation (SCCF), development on this property has been proposed and appropriately rejected repeatedly over the past 40 years beginning with The Estuaries development in the 1970s. It was dismissed due to the critical location, services and functions of these wetlands, which include mangrove habitat that provides public protection from storm surges, flooding and designated critical habitat used by several endangered and listed species.

"These critical functions are even more important today as over half of Lee County's wetlands have been eliminated for development and sea level rise presents a progressive erosion of wetlands that will significantly increase the storm surge hazard in the next 20 years," an April 13 letter from SCCF to Lee County Community Development representative Anthony Rodriguez reads, in part. "This project is contrary to the public interest and does not meet the goals, policies and objectives of the Lee County Comprehensive Plan or the Land Development Code that have been adopted to assure public safety and care-



Aerial image showing the proposed Eden Oak Preserve development

image courtesy SCCF

fully plan for growth and its effects."

Rae Ann Wessel, SCCF natural resource policy director, said last week that plans to build Eden Oak Preserve in a critical wetland area have been downscaled by its developers over the years, however, it remains an undesirable project.

"We've been fighting it since 2012," said Wessel. "The original plan called for 171 boat slips. The marina, clubhouse, multi-family and all but four single family units have been eliminated from the east side of Shell Point Boulevard. But this is all critical wetland habitat. Why in this day and age, with concerns about sea level rise, would we want to put people

in a wetland zone like this?"

In a 13-page letter to Rodriguez, SCCF pointed out that the elimination of 36 acres of environmentally sensitive wetlands would have negative impacts on a number of animal species including the smalltooth sawfish, diamondback terrapin, manatee, mangrove cuckoo and American bald eagle.

"At least three species of endangered sea turtles, both juvenile and adult, are known to use and forage in this area," the letter stated. "Any time there is increased boat traffic in an area with sea turtles, there is a heightened concern for collisions. The heightened traffic activity resulting from the addition of 56 boats

will push turtles out of the more protected areas into areas of higher boat traffic, increasing collision risks."

Wessel also noted that mangroves bordering the wetland zone would be affected. Mangroves represent some of the most important wetland habitat for coastal fish and wildlife resources, which are critical to the health of local aquatic systems and the specifically designated, publicly owned aquatic preserves and national wildlife refuges that surround this site that have been protected for their high resource values.

In Southwest Florida, 80 percent of commercial and recreational marine species depend upon mangrove estuaries for a portion, if not all, of their lifecycle.

There is also question about the density proposed for Eden Oak Preserve. The applicant's calculation of 55 dwelling units is based on the assertion that there are eight acres of uplands on the 306 acres, and that a small portion of the northern property boundary is within the Suburban Land Use category. However, the property is currently identified on the Future Land Use Map as Environmentally Critical Wetlands.

"We challenge the applicant's characterization and assertion that isolated, spoil piles created by the excavation of mosquito ditches through healthy mangroves meets the definition of uplands," said Wessel. "The Future Land Use Map shows the entirety of the property as Environmentally Critical Wetlands. Three sides of the applicant's property is adjacent to wetlands zoned AG-2, thus the maximum calculation of units would not approach 55 units."

According to Wessel, a maximum of 15 dwelling units would meet current county requirements for that property.

"The county would create a cancerous precedent by allowing increased density over current zoning by allowing the applicant to use the subdivision zoning along the north boundary to calculate their unit count when that property was established before the comprehensive plan. Far more of the applicant's property is wetlands on three sides of the property, which should be a stronger consideration for future zoning," added Wessel.

Another concern shared by SCCF is for public safety. Should Eden Oak Preserve be permitted to construct a major residential development off Shell Point Boulevard, traffic congestion for the lone evacuation route – affecting the residents of the retirement community along with people who live on Sanibel, Captiva and in South Fort Myers – could

continued on page 14B

# "Best Golf Course in Lee County"

*GulfShore Magazine*



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## Sanibel Captiva Club Names Lion Of The Year



George Veillette with his wife Hazel at her recent induction into the Sanibel Captiva Lions Club photo provided

The Sanibel Captiva Lions Club named George Veillette as Lion of the Year at the annual installation dinner on Wednesday, May 2 at Thistle Lodge Beachfront Restaurant. Veillette has been an active Lion for 30 years and was honored for his tremendous efforts during the past year.

"Since becoming a Lion in 1989, George has contributed to the success of our club," said Lion Bert Jenks. "He has often contributed his time and efforts without the recognition he deserves."

Veillette has served as the club's president and is a Melvin Jones Fellowship recipient. He has been active in all of the club's fundraisers and has played a major role in raising funds in the business community for events. He personally sees to the needs of those in the community who require eye care, but cannot afford it.

"Not only has George been an active Lion, but he has found time to volunteer for other organizations on the island," said Jenks. "It is people like him that make Sanibel a special place."✪

## Less Than One Month Until Hurricane Season

The City of Sanibel issued a reminder that with less than one month remaining until the start of hurricane season, residents should be preparing now. The city will continue to use 2016 Hurricane Hangtag Reentry Passes in 2018. The residential pass is purple, the commercial pass is tan, and both have 2016 in the middle.

### Hurricane Tools And Information

**Hurricane Reentry Pass:** The pass easily identifies who and when persons are authorized to return after an evacuation. The reentry pass program is all about safety and security, therefore getting a pass requires a short application and specific documentation (shown on the application). Reentry passes are issued all year, so don't wait until a storm threatens.

**Family Emergency Plan:** Completing this pre-formatted plan makes it your family's emergency plan. An essential part of surviving a hurricane, it can also improve your quality of life during the event. The plan is on the county website [www.leeecoc.com](http://www.leeecoc.com)

**CodeRED:** Both the city and county

use this tool to send targeted emergency alerts. You can receive alerts on multiple phones such as your home and/or cell. Sign up for this free service on the city website [www.mysanibel.com](http://www.mysanibel.com) (use the QuickLinks on the right side).

**Special Needs Program:** The program provides shelter from a tropical storm or hurricane for those who live in a home and/or area that isn't safe from storm surge or wind, and who have no other safe place to go. It also provides transportation to a shelter for those who do not have a way to get there. The program is available to Lee County residents at no cost, but you must register by completing an application. Sanibel and Captiva residents are encouraged to register via FISH of SanCap at 472-4775, or you can register directly with the county at [www.leeecoc.com](http://www.leeecoc.com).

A great resource on a variety of topics like preparations, shelters, and contacts may be found in the *All Hazards Guide*, posted on the county website [www.leeecoc.com](http://www.leeecoc.com).

**Flood Hazards:** The Federal Emergency Management Agency lists the entire City of Sanibel as a Special Flood Hazard Area. Floods kill almost 200 people a year in the United States, 50 percent of those are vehicle related. Remember: Turn Around – Don't Drown!✪

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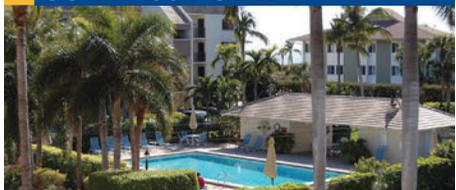
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 • Sensational Gulf Views, 2 BR, 2 BA + Den  
 • Walk-Out Lanai, Exceptional Rental History  
**\$899,000 MLS 218013189**  
 Brian Murty 239.565.1272

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 • 2 BR, 2 BA + Den, Penthouse Condo  
 • Pleasant Sunset Gulf Views from Lanai  
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**SUNDIAL**



**1501 MIDDLE GULF DR. #G204, SANIBEL**  
 • Great Gulf View, 2 BR, 2 BA  
 • Terrific Rental Income, Newer Renovation  
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**SOUTH SEAS ISLAND RESORT**



**1655 LAND'S END VILLAGE, CAPTIVA**  
 • Golf Course, Pine Island Sound & Gulf Views  
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**14860 JONATHAN HARBOUR DR., FORT MYERS**  
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 • 2 BR, 2 BA + Den, 1st Floor, Sunset View  
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**1244 PAR VIEW DR., SANIBEL**  
 • 4 BR, 3 BA, New Master BA w/Luxurious Shower  
 • Pool w/Spa, Deeded Beach Access, Storage  
**\$1,045,000 MLS 218021869**  
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**RIVA DEL LAGO PENTHOUSE**



**14380 RIVA DEL LAGO DR. #2002, FORT MYERS**  
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 • Gulf Views, Gated w/Awesome Amenities  
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**1325 PAR VIEW DR., SANIBEL**  
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 • Great Room w/Fireplace, 3 BR, 3 BA, Beach Access  
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- <http://www.listandtour.com/15735nb.html>
- Estate Offering Uncompromised Luxury
- Lanai, Superior Quality & Construction
- Guest House, Boat Dock, Pool/Spa
- Price \$7,895,000



#### GULF TO BAY - CAPTIVA ISLAND

- Romance rarity and history on Captiva gold coast
- Meticulously restored 1912 beach house on 131' of beach frontage
- Bay house offers covered boat dock w/20,000lb lift
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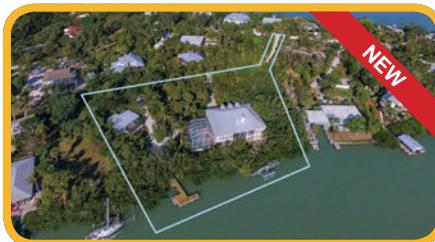
#### PREMIER BOATING LOCATION

- Awesome Roosevelt Channel “point” location
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- Beautiful Florida style residence offering gorgeous Island setting
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#### TURTLE GAIT

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- Award winning infinity edge pool
- Price \$2,795,000



#### SANIBEL ISLAND ESTATE

- One of a Kind Waterfront Opportunity
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#### SANCTUARY STUNNER

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- Gorgeous pool and spa area. Beautifully designed
- Price \$1,995,000



#### CAPTIVA VILLAGE

- Beautiful Florida Style within Heart of Village
- 3/ 4 Bedrooms, 3,500 Living S.F.
- Original Owner, Well Maintained w/No Rentals
- Great Curb Appeal, Steps to Beach & Village Lifestyle
- Price \$1,799,000



#### NEW CONSTRUCTION - SANCTUARY GOLF & COUNTRY CLUB

- 4 Bedroom, 4 Bath of Luxurious Living
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- Spectacular Lanai w/Outdoor Kitchen & Fireplace
- Coastal Modern Interior w/3 Car Garage
- Beautiful Pool & Spa
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#### VACANT LOT IN CAPTIVA VILLAGE

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Dawn Sanchez

photo by Jeff Lysiak

## CHR Adds New Housing Administrator

by Jeff Lysiak

Last week, the team at Sanibel's Community Housing & Resources (CHR) welcomed Dawn Sanchez as the organization's newest housing administrator.

With more than 30 years of

professional experience in real estate property management, Sanchez has a bachelor's degree in political science and a master's degree in public administration. She spent eight years enlisted in the United States Army, where she underwent training as a 71 Delta and worked as a paralegal for the JAG (Judge Advocate General) Corps. During her military career, Sanchez was stationed in Columbia, South Carolina, Babenhausen, Germany and Fort Huachuca in Southeast Arizona.

Following her stint in the Army,

Sanchez worked for six years with the Sisters of Mercy affordable housing program, serving as property manager in Twin Falls and Moscow, Idaho. For the next seven years, she worked for the City of Boise, Idaho Housing and Community Development Department, helping operate the city's homeless shelters and transitional housing programs. There, she partnered with organizations like the Veterans Administration (VA) and the state's Department of Corrections.

Most recently, Sanchez worked for the St. Alphonsus Regional Medical Center in Boise, working as a property manager for four hospitals, seven medical office buildings and more than 300 leased clinics.

Now a part of the CHR administrative team, Sanchez is looking forward to the challenge of her new position. "I'm going back to my roots in the affordable housing field, which is where I started my career," she said. "My heart is in affordable housing, because not only are you managing an asset, you're impacting lives directly. You're providing

people with an opportunity to better themselves."

A native of Joplin, Missouri, Sanchez and her husband, Joe, recently relocated to Southwest Florida from Boise, Idaho. The couple has two children, Jill, 32, and Evie, 24, both of whom reside in Idaho. A retired real estate manager, Joe works part-time as a soccer and basketball referee.

"We were looking to relocate for about one year," added Sanchez. "My husband has family in Jacksonville, and he's originally from Cuba, so he's looking forward to having an opportunity to visit his sister there."

Melissa Rice, CHR executive director, is delighted to add somebody of Sanchez's professional caliber to the organization.

"We're lucky to have her," said Rice. "We're hoping she will help take CHR to the next level. She's worked throughout her career with affordable housing programs and administration, and I know she has the care and compassion to help individuals in need."✱

## FISH Offering Summer Camp Scholarships

The FISH of SanCap Summer Youth Scholarship Program provides partial financial assistance for children's summer camp sessions. These scholarships are made available, in part, through partnerships with BIG ARTS, Captiva Island Yacht Club, Sanibel Recreation Center, Sanibel Sea School, and Children's Education Center of the Islands, and through generous donations from private donors and grant funding from the Sanibel-Captiva Kiwanis Foundation.

"Our goal is to help build economic security for families by giving children the opportunity to experience quality care while their parent works. Summer programs, now more than ever, play a crucial role in the development of school-age children. The structure that these programs provide is invaluable to the family, and educationally fun for the children," said Kathy Y. Monroe, MSG, FISH program director. Summer programs include:

BIG ARTS Summer Program – Monday through Friday, 9 a.m. to 3 p.m., grades K

through 12;

Captiva Island Yacht Club Sailing Program – Monday through Friday 9 a.m. to 3 p.m., ages 8 and up, June 11 to 22 and July 9 to 20;

Children's Education Center of the Islands Summer Program – Monday through Friday, 7:30 a.m. to 5:30 p.m., grades pre-K;

Edison Sailing Center Program – Monday through Friday, half day sessions, times vary depending on activity selected, ages 8 and up;

Sanibel Recreation Center Summer Program – Monday through Friday, 8 a.m. to 5 p.m., grades 1 through 8;

Sanibel Sea School – Monday through Friday, 9 a.m. to 4 p.m., ages 6 and up; two weeks for ages 4 to 6.

Again this year, the Captiva Island Yacht Club and its members donated scholarships to the youth summer sailing camp. This camp introduces youth to the great sport of sailing, beautiful waters and wildlife. Based on need and eligibility, scholarships will be offered to families as determined by FISH social workers Kathy Y. Monroe and Nitza Lopez.

"We understand that families sometimes face economic challenges and must make difficult choices. Our hope is that no child is deprived of a summer camp opportunity

continued on page 9B

## Sanibel Captiva Island Specialist

*I will sincerely work for you*



Quick walk to the beach from this Beachy 2 bdr/2bth charmer that is located in a quiet, mid-island neighborhood. Comfortable island living is found throughout this home with spacious screened porch with private views. Impact windows throughout, large garage and carport with plenty of storage.

1717 Atlanta Plaza

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# Award Presented For Outstanding Achievement

The Sanibel Captiva Lions Club announced the recipient of the Melvin Jones Fellowship Award, one way the club recognizes the outstanding achievement of its members. Lion Jeff McDonald accepted the award at the annual installation dinner Wednesday, May 2 at Thistle Lodge Beachfront Restaurant at Casa Ybel Resort.

"I am proud to present this award for the 95th time to a very worthy recipient," said Lion Bert Jenks. "In the three-and-a-half years Jeff has been a member, he has been active in almost all our activities."

McDonald, a Sanibel resident, serves as co-chair of the popular arts and crafts fair, and is the club secretary. The Lions Club International was founded June 7, 1917 by Melvin Jones and his associates, originally named The Business Circle of Chicago, and took the name of Lions after a group invited them to join.

The club's purpose was the betterment of their communities and world at large. It became international with a club in Windsor, Canada just three years after forming. Membership grew to 60,000 with 1,183 clubs in 10 years. Today, Lions Club International has more than 1.5 million members in more than 200 countries, making it the world's largest service organization.

It was in 1925 that Lions made their



Bert Jenks presents Jeff McDonald with the Melvin Jones Fellowship Award photo provided

commitment to the blind at the urging of Helen Keller. The Sanibel Captiva Lions continue that commitment through programs such as Recycle for Sight and supporting Southeastern Guide Dogs. In its 51 years of existence, the Sanibel Captiva Lions have had 95 members selected for the Melvin Jones Fellowship

Award, of which 20 are still active members.

"I am honored to be recognized by my fellow Lions who have previously received this award," said McDonald. "We strive to make a difference every day and our service is as diverse as our members."

To learn more about the Sanibel Captiva Lions Club, visit [www.sanibelcaptivalions.org](http://www.sanibelcaptivalions.org). Anyone interested in becoming a member can contact Lion Steve Schulz, membership chairman, at [stevensschulz@comcast.net](mailto:stevensschulz@comcast.net) or 233-6261.\*

## American Legion Post 123

American Legion Post 123 is having a Mother's Day ribs and chicken barbecue this Sunday, May 13 from noon to 8 p.m. There will be a fish fry the following Sunday, May 20.



The 10th annual Redneck O'lympics is scheduled for Sunday, May 27. Stay tuned for details.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.\*

# Buying, Selling or Just Want to Chat... Talk to Chuck!

3941 Coquina Dr.



New! New! New! 3 BR/2 BA, great room, fire place, impact glass and enclosed salt water pool.  
**\$949,000**

Loggerhead Cay # 434



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3825 Coquina Dr.



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3790 West Gulf Dr.



Across From Beach! Fabulous renovation of this 3 BD, 2-1/2BA plus office elevated home Great room with gas fireplace. Kitchen, dining and master all access the screen enclosed deck overlooking the oversized salt water pool  
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9248 Kincaid Court



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**\$449,000**

3832 Coquina Dr.



West Rocks w/deeded beach access, 3-BD en-suites, open great room. Private elevator, large studio/workout area. Enclosed lanai overlooks pool with beautiful lake views.  
**\$1,100,000**

Saeshells of Sanibel #43



2BR/2BA with 3-day minimum rentals. Quiet location, deeded beach access close by. A great investment opportunity.  
**\$379,000**



The new van provides valuable cargo space for transporting items to the food pantry

signage will be donated by a private donor. The organization's first ever agency vehicle was unveiled to board, staff and volunteers and available for service on April 5.

According to Maggi Feiner, president and CEO of FISH, the new van will be used to pick up products from Harry Chapin Food Bank and Midwest Food Bank, used for weekly shopping trips, and pick up donated food from sources around the island. "It will cut back on multiple trips by volunteers or renting of a larger truck,

which is more costly. Until the recent van purchase, all pick ups and drop offs were completed using volunteers' personal (and smaller) vehicles," Feiner said.

"The procurement of food from local sources is a critical part of feeding our neighbors as we have a hard time keeping pace with the always increasing number of clients coming through our doors," Feiner said. "This long-awaited addition will help us keep our pantry stocked. And, when not in use for the Food Pantry Program, we will use the van for our Equipment Loan Program, our Holiday Food Program and more.

It will prove to be an incredibly valuable resource for everything we do."

Jamie Layne and "Big" Mike Marlow, both of Fort Myers Victory Layne Chevrolet, threw in some extras such as a wire partition and wired windows. "They were wonderful to work with," said Feiner. "There is really no way to truly thank everyone that made this dream become a reality. We are extremely grateful and thrilled to have this addition to our agency."

To learn more about the programs FISH of SanCap offers, call 472-4775. For additional information, visit [www.fishofsanacap.org](http://www.fishofsanacap.org).

Maggi Feiner and Maria Espinoza help load the van photos provided

## There's A New Van In Town For FISH Of SanCap

FISH of SanCap recently added a new cargo van to its organization thanks to a grant from Charitable Foundation of the Islands and The Sanctuary Golf Club, and a donation from an anonymous private donor. The grant and donor funds covered the cost of the van, tags and transponder. Van

### Superior Interiors

## Do It Yourself Or Hire A Professional?

by Trinette Nelson



The popularity of so many home improvements shows on TV in recent years has really driven our culture to a renewed appreciation of beauty and improved function

in our homes and, as a result, interest in interior decorating has never been higher. We are increasingly relying on the comfort, safety, convenience and serenity of our homes as a place to entertain family and friends, and as a retreat.

If you are considering an interior decorating project, one of the first questions to ask yourself is whether you need to involve a design professional. While the internet is flooded with resources offering great ideas and some relatively useful instruction about undertaking such projects, doing it all yourself may be more than you want to or should tackle.

But how do you know if you need to hire a professional decorator? Begin by determining a general idea of the scope of your project. If it involves structural changes to your home, you may need to consult a contractor or if the job is more in depth, an architect.

The involvement of these professionals will insure that your result is structurally sound and safe and meets building codes.

Beyond structural changes, the aesthetic aspects of your project are what can be addressed by an interior decorator. Here are some questions you should ask yourself before you begin.

First, do you enjoy the process enough to want to do it yourself? For some people, coordinating color schemes, creating a plan, researching and shopping for products, measuring, ordering and installing everything from paint to furniture to window treatments and accessories is great fun. For others, it's like adding another full-time job to an already full schedule.

Secondly, what kind of time do you have to spend on the project? If there are contractors and subcontractors involved, will you be able to keep up with their timetable, so that progress will be maintained as they need it to be? Are you available to receive and install products when needed because delay costs time and money?

Finally, the question of how will involving a design professional impact your budget? If you are truly adept at the skills needed to achieve a good result on your projects and you have the time, energy and motivation to do it yourself, you may save some money. However, if you end up making mistakes, delaying the process or causing unnecessary change orders, doing it yourself can actually end up costing you more.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coincidence.com](mailto:linda@coincidence.com).

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## Chamber Launches Shop Local Campaign

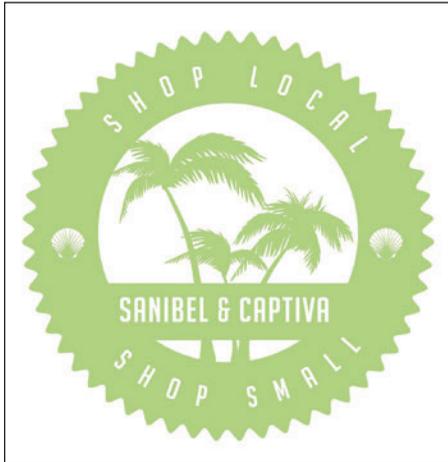


image provided

The Sanibel & Captiva Islands Chamber of Commerce is celebrating local boutiques that are as unique as the seashells lining the beaches with Shop Local, Shop Small starting in May. Spot the special decal in island shop windows and receive an exclusive offer.

“Shop Small highlights our incredible

neighborhood marketplace you won't find anywhere else,” said Chamber President John Lai. “Shopkeepers stock handpicked items from specialty trinkets to stylish clothing and provide personal service for a world-class shopping experience.”

Sanibel has taken care in ensuring chain stores are limited to ones which either started on the island or can be found in few places. “It keeps our island a special place,” said Lai.

There are convenient centers, such as the sprawling Periwinkle Place or quaint Bailey's Center, where no two shops are alike and offer more than the typical vacation souvenir.

Participating shops include Beach Daisy, Suncatchers' Dream, Adventures in Paradise Outfitters, Eileen Fisher, Whims on Periwinkle, Three Crafty Ladies, Sanibel Sea School's Ocean Tribe Outfitters, Coffee Bar at Bailey's and Sanibel Skin Spa.

Shop Small runs all year long and participating shops, along with downloadable coupons, can be found online at [www.sanibel-captiva.org/shop-small](http://www.sanibel-captiva.org/shop-small).

“We will continue to add new shops and offers, so be sure to check our special web page before you set out for a day of local shopping,” added Chamber Member Services Manager Ashley Gibbons.\*

Canned or dried beans and peas (black, pinto, lentils)  
Pasta, rice cereal  
Canned fruits  
100 percent fruit juice (canned, plastic or boxed)

Canned vegetables  
Cooking oil  
Boxed cooking mixes (pancake, breads)  
What not to give:  
Rusty or unlabeled cans  
Glass containers  
Perishable items  
Homemade items  
Expired items  
Noncommercial canned or packaged items

Alcoholic beverages or mixes or soda  
Open or used items.

The Postal Service receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.\*

From page 6B

## Scholarships

because of this. Thank you to our donors for giving children the chance to experience camps here on Sanibel and Captiva,” said Nitza Lopez, SW, case manager.

Scholarship assistance is evaluated on a case by case basis. The FISH Social Services Department determines eligibility for need-based financial assistance through a review of a family's income and expense documentation. Scholarship amounts vary depending upon the length and cost of the program and the family's financial status. Available funding is limited and scholarships will cover only a portion of the tuition cost. To learn more and to see if you qualify, contact Kathy Y. Monroe at 472-4775.\*

## ISLAND SUN BUSINESS NEWSMAKERS

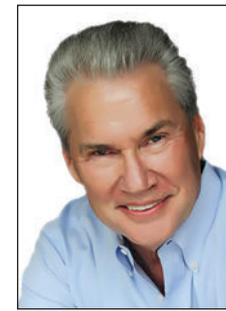
### John Naumann & Associates



Marianne Stewart



Kimberly Powers



Larry Hahn



Debbie Hooper

The top producers at John Naumann & Associates for the month of April were: Marianne Stewart, top listing agent; Larry Hahn and Debbie Hooper, top listing team; Kimberly Powers, top sales agent; Harrell, Tolp and Albright team, top sales team.\*



Harrell, Tolp and Albright

## Mailbox Food Drive Collection This Saturday

The National Association of Letter Carriers (NALC) will conduct the 26th annual Stamp Out Hunger Food Drive on Saturday, May 12. The nation's largest single-day food drive will involve the help of sponsors, volunteer organizations and U.S. Postal Service employees in 10,000 communities nationwide.

Last year's drive resulted in carriers collecting 75.3 million pounds of food from local communities in all 50 states, the District of Columbia, Puerto Rico, Guam and the U.S. Virgin Islands. Since the drive began in 1993, total donations have surpassed 1.6 billion pounds of food.

Making a donation is easy. Customers should leave their non-perishable food donations in a bag near their mailbox on Saturday, May 12 before their letter carrier arrives. In the days leading up to the food drive, letter carriers delivered special bags along with your mail that may be used to make donations. Food collected during Saturday's drive will be delivered to local community churches, food banks and food pantries for distribution.

While all non-perishable donations are welcome, foods that are high in protein such as canned tuna, salmon, beans and peanut butter are most needed. Canned fruits and vegetables, whole grain, low sugar cereals, macaroni and cheese dinners and 100 percent fruit juice also top the list of most needed items.

Most-wanted foods include:

Canned meats (tuna, chicken, salmon)  
Canned and boxed meals (soup, chili, stew, macaroni and cheese)

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# Rotary Happenings

submitted by Shirley Jewell

We all have to do it, doctor's orders – lab tests. Here in may lie a problem. Our guest speaker at Rotary on April 27 was Ren Salerno, director of Division of Lab Systems at Centers for Disease Control (CDC) and Prevention in Atlanta, Georgia His topic was Reducing Diagnostic Error.



Ren Salerno photo provided

appropriate test, properly performing the tests, transmitting the results of the tests, communicating clearly and presenting accurate information, communicating results to patients clearly, and the list goes on.

Diagnosing a medical problem is difficult, at best, but when other factors interfere with proper treatment not administered in a timely manner, deadly results can ensue. Salerno brought up Thomas Duncan as an example.

Several online news and publication sources reported: *Thomas Eric Duncan: First Ebola Death In U.S.* Ebola had hit West Africa; the world

was scared it would spread. Ebola response plans were put in place in many U.S. hospitals. A travel history should be completed on every patient. Something went terribly wrong in Duncan's case. He went to a Dallas hospital with abdominal pain, dizziness, nausea, headache and a fast-rising temperature. The triage nurse did not follow the procedure of asking for a travel history. Duncan had arrived from Africa a few days earlier. He was given normal lab tests and all came back within normal range. He was given Extra Strength Tylenol and intravenous saline solution. Duncan returned to the hospital three days later and was diagnosed with Ebola. He died at 7:51 a.m. at Texas Health Presbyterian, eight days after the virus was detected in him on September 30.

If Duncan had been given treatment for Ebola on his first visit, would he have lived? The medical error was caused by personnel that did not follow medical procedure. Would others sitting in the waiting room with him have been preventively treated and saved from being tormented with the possibility that they too had Ebola?

There are so many areas of testing that can be misread or misdiagnosed: pap smears, breast cancer, prostate cancer, problems in the pathology lab – unneeded surgeries. The medical community is reluctant to acknowledge this. Thirty six percent of malpractice claims are death claims.

Testing, testing, testing. Doctors are practicing defensive testing, and possibly over testing to cover themselves but medical error is not usually in the testing but in the ordering and interpretation of the testing. Not technical errors but system problems and human error.

As Salerno was ending his talk, he mentioned a medical film coming out, titled *To Err is Human*, based on an Institute of Medicine Committee report. "One of the report's main conclusions is that the majority of medical errors do

not result from individual recklessness or the actions of a particular group. This is not a "bad apple" problem. More commonly, errors are caused by faulty systems, processes, and conditions that lead people to make mistakes or fail to prevent them. For example, stocking patient care units in hospitals with certain full-strength drugs, even though they are toxic unless diluted, has resulted in deadly mistakes.

Thus, mistakes can best be prevented by designing the health system at all levels to make it safer, to make it harder for people to do something wrong and easier for them to do it right. Of course, this does not mean that individuals can't be careless. People still must be vigilant and held responsible for their actions. But when an error occurs, blaming an individual does little to make the system safer and prevent someone else from committing the same error.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\**

## Miracle To Host Pet-Friendly Nights

The Fort Myers Miracle will open Hammond Stadium to dogs for four more Saturday games this season, allowing pooches and their owners to sit side-by-side for the ballgame. The next Bark in the Park event will be held on Saturday, May 19.

Lee County Domestic Animal Services is the presenting sponsor for all Bark in the Park events this season, and its staff members will bring along several adoptable dogs and offer information to pet lovers about the agency's adoption process.

"We have worked hard to establish a great family-friendly atmosphere at Hammond Stadium, but when one of your family members is stuck at home,

continued on page 18B

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## Founding Club President Visits New Rest Area

It has a cylindrical, bi-level water fountain in English racing green, a pair of sparkling white benches that will stay cool even on hot days, a detailed map of Sanibel roads and byways, some welcome shade from native trees, and, of course, a bike rack. It's the new rest area beside the shared use path at the corner of Middle Gulf Drive and Casa Ybel Road – and Keith Trowbridge approves.

The founding president of the Sanibel Bicycle Club is delighted by the latest addition to the island's bike paths, now known as shared use paths. He expressed his pride in the progress the club has made since its inception in 1994, and he's particularly pleased that the rest area is dedicated to his friend, the late Dale Armstrong, a founding member of the club who served as its fifth president.

"It's great to see the new rest stop dedicated to Dale. He was a wonderful guy and a stolid member of the Sanibel Bicycle Club. I'm so glad he's been recognized in this way," said Trowbridge.

He added, "It's great to see the bike club continuing to improve the paths in ways that will enhance the wonderful experience of biking on Sanibel. Ever since we started the club in 1994, seeking improvements to the



Keith Trowbridge, founding president of the Sanibel Bicycle Club, stopped by the new bike path rest area built in honor of his friend and fellow founder Dale Armstrong photo provided

existing paths and hoping to create new ones, commitment to education and safety and careful planning have been hallmarks of the organization."

After Armstrong's death at the age of 88 in 2016, his family and friends underwrote the path rest area through a donation to the club's Trails in Motion Fund. The city made the land available; and on April 21 of this year, Sanibel Bicycle Club members and city officials

held a ceremony to officially open and dedicate this spot where anyone using the shared use path can stop, rest and renew.

A section of Trowbridge's autobiography, written with author Barbara Freeman and scheduled for publication later this year, tells how and why he spearheaded the effort to create the Sanibel Bicycle Club and relates little-known details of the fledgling

organization's first encounters with the city. The book tells how a boy from the industrial city of Sarnia, Ontario, who grew up among fishermen and farmers, achieved success in academia, earning his PhD and planning Florida International University. It tells how "The Father of Timeshare" invented a concept and created the nation's first interval ownership resorts on Sanibel and then expanded the concept to areas throughout North America.

It was his career in real estate development that brought Trowbridge to Sanibel. It was his enjoyment of bicycling on Sanibel and his recognition of the need for safer bike paths, and more of them, that led him to start the Sanibel Bicycle Club. The well-maintained network of paths has been the lasting legacy of his early efforts, as well as the result of continuing efforts by all the members and leaders who followed him.✧

## Leadership Day At Sanibel School

The public is invited to The Sanibel School's First Leadership Day on Friday, May 25 from 8:30 to 10:30 a.m. Students from the school will present projects and perform for guests. There will also be guided tours of the facility with classrooms in action.

Reservations are requested by calling Cozetta Kelly at 472-1617. The Sanibel School is located at 3840 Sanibel-Captiva Road.✧

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# Highlights Of The 2018 Lee County VCB Travel Rally



Competitors taking part in the Make The Bed Race during Lee County VCB's Travel Rally, held last Tuesday afternoon at Lakes Regional Park in South Fort Myers photos by Jeff Lysick



Leah and Noah Cuomo of Cape Coral meeting Captain America and Wonder Woman



Way Too Tall Torrie making balloon animals for Cape Coral visitors Logan and Avalon



VCB Executive Director Tamara Pigott welcoming the crowd



The team from South Seas Island Resort



The team from Sanibel Moorings



Hotel and resort employees taking part in the Bellman's Race



VCB Communications Manager Megan Contreras and her dog Abigail



WINK anchor Channing Frampton, dressed as Superman, sang the National Anthem while the Junior ROTC team from Cypress Lake High School presented the colors



Juggler Daniel Israel entertaining the crowd



Barb Harrington and Candy Thompson



Odalys Ramos getting her face painted by Silvia Zavala



Bob MacPhail with his line of Conchalele instruments



Paula Schuttera and Captain Bobby

 <b>FRIDAY</b> Cloudy High: 83 Low: 77	 <b>SATURDAY</b> Cloudy High: 84 Low: 78	 <b>SUNDAY</b> Mostly Cloudy High: 82 Low: 76	 <b>MONDAY</b> Sunny High: 80 Low: 74	 <b>TUESDAY</b> Sunny High: 82 Low: 76	 <b>WEDNESDAY</b> Sunny High: 81 Low: 75	 <b>THURSDAY</b> Mostly Cloudy High: 83 Low: 73
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	11:30 am	4:39 am	11:40 pm	5:27 pm
Sat	11:50 am	5:15 am	None	6:09 pm
Sun	12:38 am	5:47 am	12:11 pm	6:51 pm
Mon	1:33 am	6:16 am	12:36 pm	7:33 pm
Tue	2:28 am	6:43 am	1:04 pm	8:18 pm
Wed	3:25 am	7:09 am	1:37 pm	9:07 pm
Thu	4:28 am	7:34 am	2:15 pm	10:00 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	10:35 am	4:41 am	10:45 pm	5:29 pm
Sat	10:55 am	5:17 am	11:43 pm	6:11 pm
Sun	11:16 am	5:49 am	None	6:53 pm
Mon	12:38 am	6:18 am	11:41 am	7:35 pm
Tue	1:33 am	6:45 am	12:09 pm	8:20 pm
Wed	2:30 am	7:11 am	12:42 pm	9:09 pm
Thu	3:33 am	7:36 am	1:20 pm	10:02 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	11:12 am	4:45 am	11:17 pm	5:20 pm
Sat	11:48 am	5:25 am	None	6:10 pm
Sun	12:12 am	6:04 am	12:17 pm	6:56 pm
Mon	12:59 am	6:42 am	12:41 pm	7:41 pm
Tue	1:44 am	7:19 am	1:02 pm	8:29 pm
Wed	2:35 am	7:57 am	1:24 pm	9:19 pm
Thu	3:38 am	8:40 am	1:56 pm	10:10 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	12:44 am	7:55 am	1:40 pm	8:43 pm
Sat	1:50 am	8:31 am	2:00 pm	9:25 pm
Sun	2:48 am	9:03 am	2:21 pm	10:07 pm
Mon	3:43 am	9:32 am	2:46 pm	10:49 pm
Tue	4:38 am	9:59 am	3:14 pm	11:34 pm
Wed	5:35 am	10:25 am	3:47 pm	None
Thu	6:38 am	12:23 am	4:25 pm	10:50 am

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations are now being accepted for the annual Trash & Treasures Sale. A tax deductible receipt will be provided for your donation of clean, gently used items. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any questions, call 472-5743.

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list, and wish to be, email ocean@comcast.net or contact the center.

The featured book for Wednesday, June 13 is *Grapes of Wrath* by John Steinbeck. The movie will be shown at 12:30 p.m. followed by the book discussion at 2:30 p.m. Bring your own lunch.

**Gelli Printing with Bea Pappas** – Fridays, May 18 and 25. Cost is \$20 for members and \$25 for non-members. Beginners welcome.

You can do mono type or make papers for collage use. Supplies needed: paper towels, acrylic paints, water container and one-inch brush. The instructor will provide all other supplies.

**Games**  
Cost for all games is \$2.50 for members and \$5 for non-members.

Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**New: Rummikub** – Tuesday at 1 p.m.

**Hand & Foot** – Thursday at 12:00 p.m.

**New: Canasta** – Thursday at 12:30 p.m.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – May 15 and June 12 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

report recommending denial of the rezoning application.

“Regardless of the density proposed by the request, the request is inconsistent with Lee Plan goals, objectives and policies intended to limit density within the Coastal High Hazard Area,” the report reads, in part. “Moreover, the request, if approved, will adversely impact environmentally critical and sensitive areas and natural resources.”

On Friday, May 18 at 9 a.m., the Lee County hearing examiner will be accepting public comment on the proposed Eden Oak Preserve development at their offices, located in Room 218 of 1800 Monroe Street in Fort Myers. Only the people who appear during the examiner’s public hearing will be permitted to speak during the Lee County Board of County Commissioners’ meeting on the topic, during which they will formally vote on the plan.

“The hearing examiner will either recommend approval, denial or approval of the project with certain conditions,” said Wessel. “But only the people who speak before the hearing examiner will be able to speak during the commissioners’ meeting. That’s why it’s important for people to get involved.”

For additional information or to submit comments on the Eden Oak Preserve development, send an email to arodriguez4@leegov.com or rsweigert@leegov.com, call 533-8100 or write to Lee County Community Development & Zoning, 1500 Monroe Street, Fort Myers, FL 33901.\*

From page 1B

## Development

prove to be catastrophic.

“This area is in the evacuation zone for the most minimal of storms so permitting additional development in wetlands in this flood prone region is in conflict with public safety,” Wessel said. “Evacuation and flooding risks are substantial before the addition of the proposed additional units.”

Late last week, the Lee County Department of Community Development submitted their staff




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Kristie Anders photos provided

Tommy Doyle

Adrian Kerr

## Academy Of Lifelong Learning Programs In May

The Academy of Lifelong Learning at Shell Point Retirement Community invites the public to attend May classes that will discuss the environment, politics and history.

At 10 a.m. on Thursday, May 17, Kristie Anders, education director at the Sanibel-Captiva Conservation Foundation, will present Tides and Currents in the Grand Cypress Room at The Woodlands at

Shell Point, located at 14441 Woodsong Lane in Fort Myers. This presentation will explore waves, tides and currents of the sea. During the lecture, Anders will explain not only what influences the tides, but also how they affect Southwest Florida residents. A short film by the Captiva Island Historical Society, entitled *Santiva*, will also be shown.

The Academy of Lifelong Learning will also welcome Lee County Supervisor of Elections Tommy Doyle for a free presentation at 10:15 a.m. on Saturday, May 19 in the Social Center on The Island at Shell Point, located at 15101 Shell Point Boulevard in Fort Myers. During his class, entitled Lee County Supervisor of Elections

Preparing for Mid-Term Elections, Doyle will focus on politics and upcoming elections. As a lifelong resident of Lee County, Doyle has a deep-rooted passion for the county's history and traditions. His fundamental belief in a representative form of government led him to run for office, and he was elected supervisor of elections in 2016.

The final class offered in May is The Viking Age, hosted by Florida SouthWestern State College Professor Adrian Kerr at 4:30 p.m. on Tuesday, May 22 in the Grand Cypress Room at The Woodlands at Shell Point, located at 14441 Woodsong Lane in Fort Myers. During his compelling presentation on the

Vikings, Kerr will explain how the Norse invaders spread out and colonized Dublin, York, Normandy, Greenland and even parts of Russia and the Mediterranean during the Germanic Iron Age. Kerr will uncover what led the Vikings to flee their homeland and set off on many dangerous expeditions, and also examine the rich influence these Norseman left on the world today.

Tickets for the classes with Anders and Kerr are \$10. The event with Doyle is free, however, an RSVP is requested. Ticket purchase and registration can be made by calling 489-8472. To learn more, visit [www.shellpoint.org](http://www.shellpoint.org).

## Chronic Pain Workshops

Lee Health is offering a free six-week workshop entitled Chronic Pain Self-Management at The Sanctuary on Fridays beginning May 25 from 1 to 3:30 p.m. Seating is limited and registration is required by calling 343-9264.

The research-based program developed by Stanford University can help one become empowered to improve his or her quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to health eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

The Sanctuary is located at 8960 Colonial Center Drive in Fort Myers.

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- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$9,250,000** EUR € 7,722,826

## 2. Sundial West Gulf View Unit

- 1 BR/1 BA remodeled condo with screened in lanai
- Gulf views from almost every room, excellent rental
- **\$465,000** EUR € 388,228

## 3. Captiva home with Boat Dock & Beach Access

- 4 BR/3 BA courtyard home with pool, great outdoor living space including outdoor fireplace
- Street legal Golf Cart included, deeded beach access, boat dock w/ lift, excellent weekly rentals
- **\$1,595,000** EUR € 1,331,665

## 4. Sunsets over Clam Bayous – Sanibel

- 3 BR/2BA home located in gated community Heron's Landing
- Featuring private elevator, enclosed & open lanai for unobstructed bayous views
- **\$1,099,000** EURO € 917,555

## 5. Sanibel Estates Canal Home

- 5 BR/4.5 BA designed by Ray Fenton, this remodeled home situated on a navigable canal
- Offers abundance of windows and a private enclosed swimming pool
- **\$1,099,000** EUR € 917,555

## 6. Across street from Beach, Views of Sanibel River – Sanibel

- 3 BR/ 2 BA home located directly across the street from beach with views of Sanibel River & Beachview Golf Course & a short walk to several restaurants & tiki bars'
- Recently remodeled, south facing screened in pool, all new kitchen and baths
- **\$1,095,000** EURO 914,215



## 7. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home with Chef's kitchen
- Concrete construction, travertine floors, and steps to the beach
- **\$2,499,000** EUR € 2,086,415

## 8. Remodeled Lake Front Home in The Dunes

- 3BR/2.5 BA remodeled home featuring dark bamboo floors, high ceilings, and updated kitchen
- Remote controlled security system, lighting, & sun shades. 2 story screened in pool, spa, and waterfall feature
- **\$1,175,000** EUR € 981,007

## 9. Crescent Island

- 4 acre private island located just off the shores of Sanibel and Fort Myers. Offering deep water dockage in San Carlos Bay, private beach, and Key West Style home complete with 3 bedrooms, 2 bathrooms, elevated pool, and beachy decor. Established rental history.
- **\$2,599,000** EUR € 2,169,905

## 10. White Pelican – Captiva

- 6BR/5BA home plus art studio situated on oversized Gulf front lot
- Located in Captiva village, \$400k per year rental income with owner usage
- **\$6,999,000** EUR € 5,843,466

## 11. Directly Across the Street from Deeded Beach Access on West Gulf – Sanibel

- 3BR/3.5BA with pool, short walking distance to several beach front restaurants and tiki
- Shore bike to Rec Center & Sanibel School
- **\$1,297,700** EUR € 1,083,449

## 12. One of a kind Polynesian style Captiva retreat

- 3 BR/3 BA oasis with Travertine tile floor & custom carved cabinets on extra wide parcel
- Cathedral ceilings, clerestory windows throughout, enclosed pool
- **\$2,050,000** EUR € 1,711,545



Tiffany, Jeff, Joan & Joe Burns

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Kathy Haungs, Denice & John Beggs

Will Power

# The Vultures



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Those ugly turkey vultures are quite ubiquitous throughout Southwest Florida. You see packs of them on the side of the roads picking at road kill. I suppose that they serve a useful purpose, disposing of the carcasses of various dead creatures big and small.

But family vultures are quite different. They're not present in all families, obviously. Vultures can be found in just a few, I would say. But when they're present, someone has to stand guard.

While both dad and mom are alive and well, they circle patiently overhead, not making a sound. But then dad dies, and when mom's vulnerable, you see them become more aggressive.

"My car won't start anymore and I can't afford a new one."

"The kids' private schools are so expensive, and I just don't know how we're going to pay the tuition bills."

"I haven't been on vacation in years and I'm burning out at the office."

"Now that I'm middle aged no one will hire me."

And so on. The vultures prey on mom's maternal instincts to take care of her children, even though those children are now adults and are quite capable of taking care of themselves. They knew that they couldn't ask for money while dad was alive, because he would say "No" and might even disinherit them for even asking.

But now that Dad's gone, they look at mom's retirement account as a lump sum that can and should be shared by all. The vultures don't realize that the corpus of the retirement account is necessary to generate annual income for mom. Since yields are so low these days it takes a lot of money to generate even modest income.

I've seen the vultures swarm several times throughout my career. Mom's financial advisor warns her that she really can't afford to make such large gifts to her children without compromising her standard of living. Yet she does so anyway.

And I don't mean to be sexist. Sometimes the surviving dad is the one being preyed upon. More often than not it's mom, only because women tend to have longer life expectancies than do men, and as I said before, the instinct to assist even capable adults seems stronger with the parent who actually carried and gave birth to that parent, even though it was several decades ago.

And sometimes the vultures sweep in while both parents are alive. Not too long ago I represented a long time married couple who were bled completely dry by one of their adult children. Even though son had a job and apparently did reasonably well

(or overspent) as he took vacations to Europe with his family. But son also demanded that his parents pay for the plane tickets to bring his family of four down to visit, and expected mom and dad to pick up the tabs when they went out to eat, and for the family's activities. This was on top of the annual assistance he said he needed to make ends meet.

Despite the pleadings of their professionals, including the CPA and the couple's financial advisor, mom and dad couldn't stop themselves from making large gifts to son. When daughter found out about it, she became terribly upset and frustrated, but there was little that she could do by that time. The damage had been done.

So what's the answer? How do you protect yourself from a circling vulture?

That's a complicated answer, since every family's situation is unique. But there are some common threads. When your advisors are telling you that you really can't afford to make gifts that your adult children request, the first line of defense is to say "No."

But this is hard to do for many.

If you find yourself unable to say "No" when you know that you should, that's the time to name a co-trustee in your revocable living trust who does have the ability to help you say "No" and will monitor your financial situation. That co-trustee might be a trusted son or daughter who won't try to take advantage and will act as a gatekeeper to their vulture-like sibling. It could also be a trust company that can serve the same role in a less emotional and more impartial way.

When I mention professional management, oftentimes my client will bemoan the fees that they would have to pay. I remind them that they are likely already paying management fees of one sort or another, but even if they aren't, paying 1% for someone to stand guard is better than losing large amounts to vultures whose appetite never seems to diminish.

If you suspect that you have vultures circling, please do yourself a favor and ask your team of advisors what steps you should take before you jeopardize your own financial stability.

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From page 10B

## Miracle

it's never as much fun," said Chris Peters, president and general manager of the Fort Myers Miracle. "Bark in the Park is like a three-hour social event for dogs and dog owners, and we'll have plenty of treats for everyone at the game."

Dog owners don't need to fetch a ticket for their pooches. There is no admission charge Saturday for four-legged spectators.

Because all five Bark in the Park events this season fall on Giveaway Saturdays, fans will receive some

Miracle swag upon entering Hammond Stadium on these dog-friendly dates:

May 19 vs. St. Lucie Mets: Joe Mauer bobblehead giveaway, presented by First Community Bank

June 30 vs. Lakeland Flying Tigers: Jose Berrios bobblehead giveaway, presented by Achieva Credit Union

July 21 vs. Lakeland Flying Tigers: Torii Hunter bobblehead giveaway, presented by Millennium Physician Group

August 18 vs. Clearwater Threshers: Miracle replica jersey giveaway

For more information, call 768-4210 or visit [www.miraclebaseball.com](http://www.miraclebaseball.com).✪

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**Karen Putnam-Watson** photos provided

## Democratic Club School Board Candidate Forum

On Thursday, May 17, the Democratic Club of the Islands will host a forum featuring four candidates for election to the Lee County School Board. It will take place at The Community House, located at 2173 Periwinkle Way, starting at 7 p.m. The meeting is free and open to the public.

Karen Putnam-Watson holds a master's



**Betsy Vaughn**

degree in social work from FGCU. She worked 22 years for Lee County School District, where she taught Head Start, working with pregnant moms, infants and toddlers. Devoted to modeling best practices and providing resources, Putnam-Watson advocated for moms and children 0 to 3 years while tutoring and offering a Family Home Child Care.

Career teacher Betsy Vaughn spent 36 years in the classroom, both in New Jersey where she was English Department chairperson for 19 years and the last eight years teaching language arts and reading at Estero High School. Her BA in English

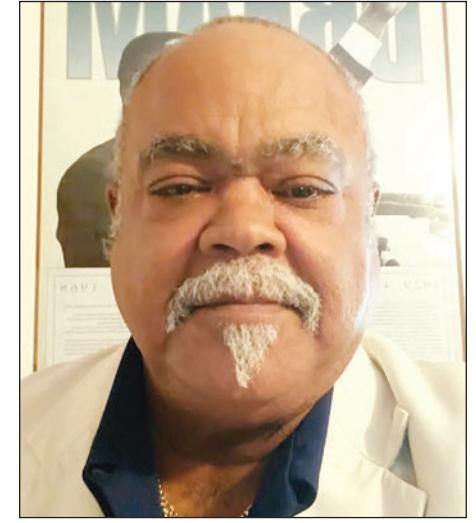


**Mary Fischer**

is from Upsala College and her master's in education is from the College of New Jersey. Vaughn is currently chair of the CSI School Board Advisory Committee and a Guardian ad Litem child advocate.

Mary Fischer has served on the Lee County School Board since 2010 and is now a candidate for re-election. She has served as Lee County School District school counselor, teacher and prevention specialist. Fischer is a Florida Supreme Court-certified family mediator and is a nationally certified trainer in BullySafe, USA. Her BA in social science and MA in counselor education are from University of South Florida. She received the Lee County School Counselor Association Lifetime Achievement Award.

Dr. Charles Dailey is a retired educator



**Dr. Charles Dailey**

for Lee County who has served in various capacities including dean of students, principal of high, elementary-middle school, principal of alternative high/middle schools, principal of community school and coordinator of desegregation, and director of adult and community school. Selected as middle and high school Principal of the Year, Dailey was selected as Administrator of the Year for the state of Florida in 2012.

Anyone wishing to join the Democratic Club of the Islands is invited to bring their check payable to DCI for \$35 (individual) or \$60 (family) to the meeting on May 17, or mail your check to DCI, P.O. Box 898, Sanibel, FL 33957. For more information, call 634-4295 or email demclubislands@gmail.com.\*

## Best Tasting Water In Florida

Drinking water from the North Lee County Water Treatment Plant was recently named the 2018 Best Tasting Water in the state by the Florida Section of the American Water Works Association (AWWA). Next, Lee County Utilities drinking water will compete for national honors this June at the AWWA annual conference in Las Vegas.

Water from the North Lee County Water Treatment Plant, one of five water

treatment plants operated by Lee County Utilities, was selected to represent the utility and won the regional competition. The plant earned the right to represent the region at the state level, where it was judged on taste, color and clarity with the top representatives of the 12 regions in Florida.

Lee County Utilities is among the largest of a dozen public and private utility organizations that serve residents and businesses in Lee County. For service area locations, visit [www.leegov.com/utilities/new-development/service-franchise-area-maps](http://www.leegov.com/utilities/new-development/service-franchise-area-maps).\*

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# So Much Going On In Sports Locally And Nationally



by Ed Frank

In this week's world of sports column, we will touch on some of the major happenings – locally and nationally – writing about what we believe is of interest to our readers.

**Florida Everblades** – The local hockey team advanced to the Eastern Conference Finals of the ECHL with a four-games-to-one series win over the Orlando Solar Bears. With eight of nine playoff wins, Florida moves to the conference finals for the first time since 2012.

The 5-2 clinching series victory last Sunday in Game Five at Orlando was sparked by Goalie Martin Ouellette who had 40 saves.

Florida will host the first two games of the Eastern Conference Finals at Germain Arena tonight, Friday at 7:30 p.m. and tomorrow, Saturday, at 7 p.m. against the winner of the Adirondack-Manchester series. Adirondack led that series 3-2 as the week began. Big crowds are expected for both games.

**Fort Myers Miracle** – We hope there was good weather for the 25th annual Islands Night Wednesday at Hammond Stadium in the CenturyLink Sports Complex.

Struggling to reach the .500 mark in the current season, the local baseball team began the week with a 14-16 record, seven games out of first-place in the Florida State League South Division.

Wednesday night's Islands Night concluded a three-game series with the Charlotte Stone Crabs. The Miracle was 6-4 through Sunday in their last 10 games. Following Wednesday's Islands Night, the Miracle departed on a seven game road trip, three at Dunedin and four at Jupiter, before returning home next Friday for six games, three with St. Lucie and three with Bradenton.

**Red Sox And Yankees** – When the baseball season began six weeks ago, we wrote that the rivalry of old between these two teams was expected to renew this year as both teams were loaded with power and pitching. It sure seems that way in the early going.

Through Sunday, these two teams had the best records in baseball, Boston at 25-9 and New York, with 15 victories in their last 16 games, had a season record of 24-10. Boston had just a one-game lead over the Yankees in the American League Eastern Division.

Up and down the leader board – batting averages, RBIs, home runs, runs scored, hits, doubles and triples – you'll find Boston and New York players among the top 10.

A little bit of history was recorded Sunday when Yankee shortstop Gleyber Torres, at just 21 years old and 44 days, became the youngest Yankee to hit a walk-off home run, a three-run shot in a 7-4 victory over the Cleveland Indians. He was 41 days younger than Mickey Mantle when he hit his first walk-off shot.

**Justify Big Favorite To Win Preakness** – After winning the Kentucky Derby last Saturday in the rain and mud, Justify is the overwhelming favorite to win next week's Preakness as several of his Derby contenders will not compete in the second leg of the Triple Crown.

The big colt had not raced as a two-year-old, but his savvy trainer, Bob Baffert, now has five Kentucky Derby winners and will be going for his sixth Preakness Stakes triumph. Justify was a 5 to 8 Preakness favorite in early betting.

**NBA Playoffs** – It appears that Cleveland will face Boston in the Eastern Conference Finals, and Houston will take on Golden State in the Western Conference Finals as all four teams held 3-0 conference semi-final leads as the week began. Don't be surprised if Cleveland and Golden State match up against each other once more in the NBA Finals.

There is so much more we could write about – the Stanley Cup hockey playoffs, this week's Players Championship at TPC Sawgrass in Pointe Vedra Beach, Florida and much, much more.

But we've given you just inkling in the world of sports.✱



Knud Christensen

photo provided

## Dunes Member Scores Another Hole In One

On May 6, Knud Christensen, a long-time member of The Dunes Golf & Tennis Club, shot a hole in one on the 17th hole during the club's Sunday Couples tournament. Made with his 7 iron, this was Christensen's sixth hole in one. His team – consisting of his wife, Grethe, along with Mo and Gordon Rains – not surprisingly, won the tournament.✱

## Counselor In Training Program

The City of Sanibel Counselor In Training (CIT) Program is a junior level personal development and leadership opportunity for teens entering 9th and 10th grade that are interested in volunteering with children in a recreational day camp setting. This is a special leadership program designed to prepare teens to become a camp counselor. CIT students will gain valuable work experience, compression only CPR certification and earn community service hours all while making new friends.

The Sanibel Recreation Department Summer Day Camp is a traditional eight-week day camp which will run from Monday, June 4 through Friday, July 27.

There is an application that must be completed and returned to the City of Sanibel Recreation Department for review and approval. The application can be picked up at the Sanibel Recreation Center front desk. There will be a mandatory meeting for CITs on Thursday, May 31 from 10 a.m. to 3 p.m. Registration includes lunch, activity participation, compression only CPR certification and field trip admissions when applicable.

Register by May 29 and receive the Early Bird rate of \$25 for members or \$31 for non-members. On or after May 30, rate is \$30 for members and \$38 for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✱

### SPORTS QUIZ

1. Name the last Detroit Tigers pitcher before Justin Verlander in 2017 to record 10 strikeouts on opening day.
2. Who was the first third baseman to be elected to the Baseball Hall of Fame?
3. When was the last time before 2014-16 that Alabama's football team won three straight Iron Bowl games against rival Auburn?
4. Who is the only player in NBA history with 25,000 points, 10,000 rebounds, 5,000 assists, 1,500 steals and 1,500 blocked shots for his career?
5. When was the last time before the 2017-18 NHL season that the Colorado Avalanche won at least nine games in a row?
6. Name the first rookie to win the NASCAR midsummer All-Star race.
7. Who was the last tennis player before Roger Federer in 2017 to capture the men's singles title at Wimbledon without losing a set in the tournament?

### ANSWERS

1. Mickey Lolich, in 1970. 2. Jimmy Collins, in 1945. 3. It was 1990-92. 4. Kevin Garnett, who played in the NBA for 21 seasons. 5. It was the 2000-01 season. 6. Dale Earnhardt Jr., in 2000. 7. Bjorn Borg, in 1976.

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## Life Insurance

## Getting Cash From Life Insurance



J. Brendan Ryan,  
CLU, ChFC, MSFS

**W**e have all heard of cash value life insurance and term insurance. What is the difference, and why does it matter?

Term insurance should be

considered temporary coverage. It is fine while it is in force, but the premiums increase typically after an initial level premium. The premium increases as a result of the increasing likelihood that the insured will die as age advances. It eventually gets too expensive and the owner drops it, doing so when he or she is as old as he or she has ever been and thus more likely to die than ever before.

The premium goes up because the policy does not have cash value to help offset the risk that the insurer takes in holding the policy. That cash value is a reserve that helps mitigate the risk. Cash value insurance (whole life or universal life) does have that extra reserve built in. This type of policy starts out more expensive than term insurance because it has to build that reserve. But, over time, the cash value and the interest that the insurer earns on it allow the insurer to keep the premiums low and level at an affordable amount.

Some people have to invade their policies for one or another financial need. Of course, without a cash value, term insurance can be of no help here. But cash value coverage can. How can cash be obtained from such a policy?

Cash Value Loan. Typically after the first several years, there is cash value available. It is possible to borrow part or all the cash value at a reasonable loan rate. The loan amount is not taxable. It reduces the cash value and the

death benefit dollar-for-dollar. It never has to be paid back. But if it remains outstanding at the death of the insured, it is deducted from the death benefit.

Surrender. If cash is needed and the insured can afford to give up the insurance benefit, the policy can be surrendered or "cashed in" for its cash value minus any outstanding loans. If the amount received in the surrender plus all amounts previously received, such as loans and dividend actually received, exceed the total amount paid for the policy over the years, that gain will be taxed as ordinary income.

Long-Term-Care Benefit. Some policies written since around 2010 have a long-term care (LTC) feature which allows the owner to draw down as much as the whole death benefit – not just the cash value – to help cover LTC expenses incurred by the insured. This is not a policy loan but a tax-free acceleration of the death benefit. Each dollar drawn out for such a use reduces the death benefit dollar-for-dollar. With such a benefit, someone is sure to get the full amount of insurance – either the owner as a LTC benefit, the beneficiary as a death benefit, or some to each.

Chronic Illness, Critical Illness or Terminal Illness Riders. Different insurers use different triggering events, as implied in the titles, for these benefits that accelerate the death benefit into living benefits similar to the long-term care rider explained previously. Some pay lump sums when the benefit is triggered, others monthly amounts. Since there is such a variety in these clauses, it is important to read and understand the triggers, the definitions and the method of benefit payment.

Thus, with whole life and universal life insurance, the cash value of these policies can provide living benefits when cash is needed for emergencies or opportunities. Ideally, the policy owner will leave the death benefit intact for the sake of the beneficiaries, but with whole life and universal life, the owner has the flexibility to get to the cash, if appropriate. None of this is possible with term insurance.

*J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at [jbryanclu@aol.com](mailto:jbryanclu@aol.com).✪*

## Free Autism Screening

**G**olisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will be offering a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age on the Ronald McDonald Care Mobile at the Healthy Life Center at Coconut Point on Friday, May 18 from 9:30 a.m. to 2 p.m.

It is estimated that one in every 68 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined. Medical consultants for the

project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. The Healthy Life Center at Coconut Point is located at 23190 Fashion Drive, Suite 105 in Estero. To schedule a screening, call 343-6838.✪

## Is Stem Cell Prolotherapy Right for You?

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From left, Rendy Petrin, system director of radiology and respiratory services; Dr. Thomas Presbrey, Florida Radiology Consultants; and Kristen Hickey, director of radiology photo provided

## Interventional Radiology Lab Now Open

A new interventional radiology lab opened recently at HealthPark Medical Center. The lab, specializing in minimally invasive, image-guided diagnosis and treatment of disease, is equipped with advanced, state-of-the-art equipment for angiography and fluoroscopy procedures, and will be used for both adults and children.

Interventional radiology serves as an alternative to many traditional surgeries

because it is safer, cost effective and can drastically decrease patients' recovery time. The lab will be used for inpatient and outpatient procedures, broadening the scope of services available at the hospital.

In the new lab, physicians are now offering prostate artery embolization, which shrinks the prostate without surgery. Many other procedures are also now available in the lab, including arterial and venous embolization; dialysis catheter insertion; biliary drainage, intervention and stent placement; peritoneal and pleural PleurX catheter placement; cholecystostomy and gastrostomy tube

placement; arteriograms of A/V fistulas w/intervention (i.e. angioplasty/stent); IVC filter placement and removals; kyphoplasty; jejunostomy tube replacement or exchange; nephrostomy tube placement and removals; ureteral stent placement; mediport catheter insertion and removals; TIPS (transjugular intrahepatic portosystemic shunt); PICC line placement; diagnostic and interventional Angiograms (i.e. angioplasty/stent); venograms; and

prostate embolization.

"Equipped with the latest technology, this new lab is a great addition to the services available at HealthPark Medical Center," said Scott Kashman, chief acute care officer at Lee Health. "Lee Health is committed to providing leading-edge, high-quality, safe options for care, like interventional radiology that can be an alternative to surgery, in convenient, easily accessible locations throughout Southwest Florida." ❄️

### Doctor and Dietician

## Knee Osteoarthritis And Depression



by Ross Hauser, MD and Marion Hauser, MS, RD

Knee osteoarthritis (OA) is a common condition facing the aging population. The condition affects more than just the body. It can have a powerful impact on mental health as well. When osteoarthritic degeneration begins to limit activities of daily living, depression may soon follow. The combination of both conditions worsens the decline in activity and functioning. Researchers in a new Japanese study examined 573 newly diagnosed people with knee osteoarthritis aged 65 or older. Although none of the participants suffered from depression at the outset of the study, within two years almost 12 percent suffered from depression. The article in the *Journal of the American Geriatrics Society*, noted that pain at night while in bed, pain that hindered putting socks on and off, and pain inhibiting getting in and out of a car, were the factors most strongly related to the development of depression. Anyone who has ever dealt with pain knows how difficult it can be to have that pain hinder activities, sports, walks on the beach and participation in all that is enjoyable. It's not surprising then how knee osteoarthritis pain may affect one's mental health.

Osteoarthritis is the result of knee instability or abnormal and destructive joint motion. The ongoing abnormal joint motion will result in the hallmark cartilage breakdown and bone spur formation. If the instability is treated early, rapid degeneration can be prevented. Destructive joint motion and the degenerative process can be treated through regenerative injection therapy, also known as prolotherapy, platelet-rich plasma therapy and stem cell therapy. These are non-surgical, non-drug therapies that give long-term relief to those with arthritic knees. The treatments can also be used earlier than later to prevent further

degeneration and the lost time, lifestyle adjustments and mental distress that come along with painful joints.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ❄️*

## FSW Respiratory Care Program Earns Award

The Commission on Accreditation for Respiratory Care (CoARC) has awarded Florida SouthWestern State College (FSW) Respiratory Care program the Distinguished RRT Credentialing Success award for the fourth consecutive year.

To receive the award, programs were required to have three or more years of outcomes data; hold accreditation without a progress report; document Registered Respiratory Therapist (RRT) credentialing success of 90 percent or above; and meet or exceed established CoARC thresholds for Certified Respiratory Therapist (CRT) credentialing success, attrition and positive job placement.

"We take great pride in the fact that we have earned this honor for the fourth time," said Jean Newberry, program director, FSW Respiratory Care. "Our students work very hard throughout the program, and their efforts, along with the dedication of our faculty, clinical associates and clinical facilities have made this all possible. It is an honor to be associated with this program."

The program will be recognized in July during the annual CoARC conference in San Antonio, Texas.

The Associate of Science in Respiratory Care is one of 17 career options offered in the FSW School of Health Professions. ❄️

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way. ❄️

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## Health Myths That You Think Are True



by Suzy Cohen, RPh

**D**ear Readers: The following are health myths.

**About Eyes:** Contrary to popular belief, some people can keep their eyes open when they sneeze! Also, green is the rarest eye

color to have.

**About that Trick Knee:** Some of you have a trick knee (or shoulder) that can predict weather. Basically, you can tell when bad weather or a storm is coming with one off your bum joints. As the barometric or atmospheric pressure drops (before a storm), tissues in joints expand a little bit, and your knee or shoulder may feel it and alert you by experiencing pain.

**About Spinach:** Some nutritionists still recommend spinach for people who have iron-deficiency anemia due to the iron content. Even Popeye made it famous for building up muscles. But the fact is that the iron content isn't as high as you were told. It was mistakenly reported as 35 grams instead of 3.5 grams per serving, due to a printing error where the decimal point got moved. The chemist made a mistake in 1870, and it's still being perpetuated.

**About #2:** Pushing out waste in the wee hours of the morning doesn't happen because we have sophisticated neurons in our gut that follow our 24-hour circadian rhythm. The bladder however, is only so big, and you might not be able to hold urine for six hours

while you're sleeping.

**About Burping:** Also termed eructation, this is just your body expelling gas through your mouth. Most people burp between eight and 20 times a day. It's not objectionable to burp out loud after eating a meal in certain parts of China, India and a small island in the Middle East.

**About Amnesia:** This occasionally happens after mind-blowing sex, and luckily it's temporary. People can lose their immediate memories. It's clinically termed "transient global amnesia" and it can also occur after strenuous activity like vigorously exercising, jumping into hot water or a brain injury.

**About Hair:** The color grey is a neutral tone between black and white, and it really just appears due to the absence of color in the hair shaft. While it's not a hard-fast rule, blondes have more hair on their heads than redheads, however each hair shaft is thinner in diameter. Redheads on the other hand, tend to have thicker hair shafts and less hair. Hair grows faster when you sleep.

**About Your Tongue:** Like that unique fingerprint, you also have your own tongue print. The average tongue has thousands of taste buds.

**About Your Ticker:** A human heart will beat about 2.5 billion times in an average lifetime. By the way, a football weighs just slightly more than your heart.

**About Kissing:** It lowers cortisol which is a stress hormone known to inflame the body. So kissing is a natural anti-inflammatory. And get this, while I wouldn't call it romantic, it's still interesting... the longest kiss on record goes to a Thai couple who locked lips for a 58 hours and 35 minutes! Eeew.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\**

## Volunteers Sought For Medicare Program

**S**HINE (Serving Health Insurance Needs of Elders) is seeking volunteers to assist Medicare beneficiaries and their families.

SHINE is an award-winning information and counseling program that is administered by the Florida Department of Elder Affairs and operated locally by the Area Agency on Aging for Southwest Florida (AAASWFL). SHINE volunteers have the opportunity to perform a variety of functions, including providing counseling on Medicare, Medicaid, health insurance, prescription drug plans and long-term care planning. Volunteers may also deliver educational presentations in the community and

participate in health fairs and outreach events.

In 2017, 60 local SHINE volunteers helped more than 9,400 clients in Southwest Florida. In total, the AAASWFL SHINE volunteers provided more than 5,750 hours of counseling last year.

Requirements to become a SHINE volunteer include an interest in assisting seniors and people with disabilities, along with basic computer knowledge and Internet navigation skills. A background in health care or insurance is not required. Specialized training and informational materials are provided to all SHINE volunteers. The ability to speak Spanish or other languages is helpful, but not necessary.

Contact Camilita Aldridge at 652-6900 for more information about volunteer opportunities or to apply. Volunteer applications can also be found online at [www.floridashine.org](http://www.floridashine.org).\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have been through a few nice relationships with men, but none of them seemed to connect on an emotional level. Are they capable of this?

**A:** Every woman wants to have an emotional connection when meeting and getting to know a man. One of the challenges in establishing a connection is that men are conditioned NOT to be vulnerable, and it takes vulnerability to connect on an emotional level. Men don't get this. Not that it's their fault, they just are hard-wired that way.

Here is what men were traditionally raised to be:

Problem solvers and fixers, meaning solving any problems

Protectors

In control of all situations

No showing of emotions

Manage all affairs

In our 21st century, men are learning more how to awaken or feel their emotions rather than repress them like our former generations. We are diminishing the stigma of little boys have to be tough and grow up to be

tough men. This has not been an easy task. There is now a greater acceptance of men being vulnerable and showing their vulnerabilities.

Women have to be the initiators for the most part to help their men feel as though it's ok to express their emotions without being judged or criticized. Be patient with men and realize this may be entirely new to them. Be encouraging with your man and if you see he is disconnecting emotionally, do not take it personally. It has nothing to do with you. It is his issue because he doesn't know any different. However, you need to know that collectively men are going through a process of "emotional awakening." This is encouraging because men and women have an increased chance of connection.

The art of connection comes from persistence and patience. Believe that you and your partner can connect on an emotional level and maintain it. Express your feelings that this is important for you and your relationships. Ask for cooperation and expression from your partner, and he may just surprise you especially if he is operating with conscious awareness. What do you have to lose?

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor.

If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\*

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Florida Highway Patrol .....	278-7100
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Building Department .....	472-4555
Planning Department .....	472-4136
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Library - Captiva .....	239-533-4890
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Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
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SW Florida Symphony .....	418-0996
Symphonic Chorale of SW Florida .....	560-5695
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Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
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CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
Democratic Club of the Islands .....	Demclubislands@gmail.com
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Sanibel Island Fishing Club .....	472-8994
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Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	<a href="http://www.usps.org/localusps/sancap">www.usps.org/localusps/sancap</a>
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	<a href="http://facebook.com/sancapshellclub">facebook.com/sancapshellclub</a> 267-7291
Sanibel Youth Soccer .....	<a href="http://www.sanibelsoccer.org">www.sanibelsoccer.org</a> 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
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JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329
To be listed in calling card email your information to: <a href="mailto:press@islandsunnews.com">press@islandsunnews.com</a>	

# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

## Bailey And Jackson



Bailey ID# A737787

Hello, my name is Bailey. I am a 1-year-old female pit bull mix who is the perfect size gal for an apartment or condo if you like a big dog personality in a medium dog body. I love to go for walks or on a run and play fetch. I am perfect for an active family.

My adoption fee is \$75.

Hi, I'm Jackson. I am a 2-year-old male hound mix who is a tall, handsome, quiet, simple country boy that looks great in a hat. Alan Jackson would love me. I was found as a stray - no tags, no collar - only a mysterious purple stain on my chest. My history is a mystery but one thing is for sure - I'm the nicest dog you will ever meet.



Jackson ID# A736792

My adoption fee is \$75.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

Haven on Earth Animal League

## Triscuit And Blueberry



Triscuit

Hello, my name is Triscuit. I am a beautiful 1-year-old Calico kitty, and I recently had a litter of kittens. I am currently living



Blueberry

with a foster family. I will be spayed and brought up to date on all vaccines.

My adoption fee is \$100.

Hi, I'm Blueberry. I am a beautiful 1-year-old Russian Blue kitty with bright green eyes. I am a very shy little girl and really need to be in a quiet home with someone that will give me time to adjust. I am currently staying with a foster mom. I am spayed and up-to-date on all vaccines.

My adoption fee is \$35.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).\*

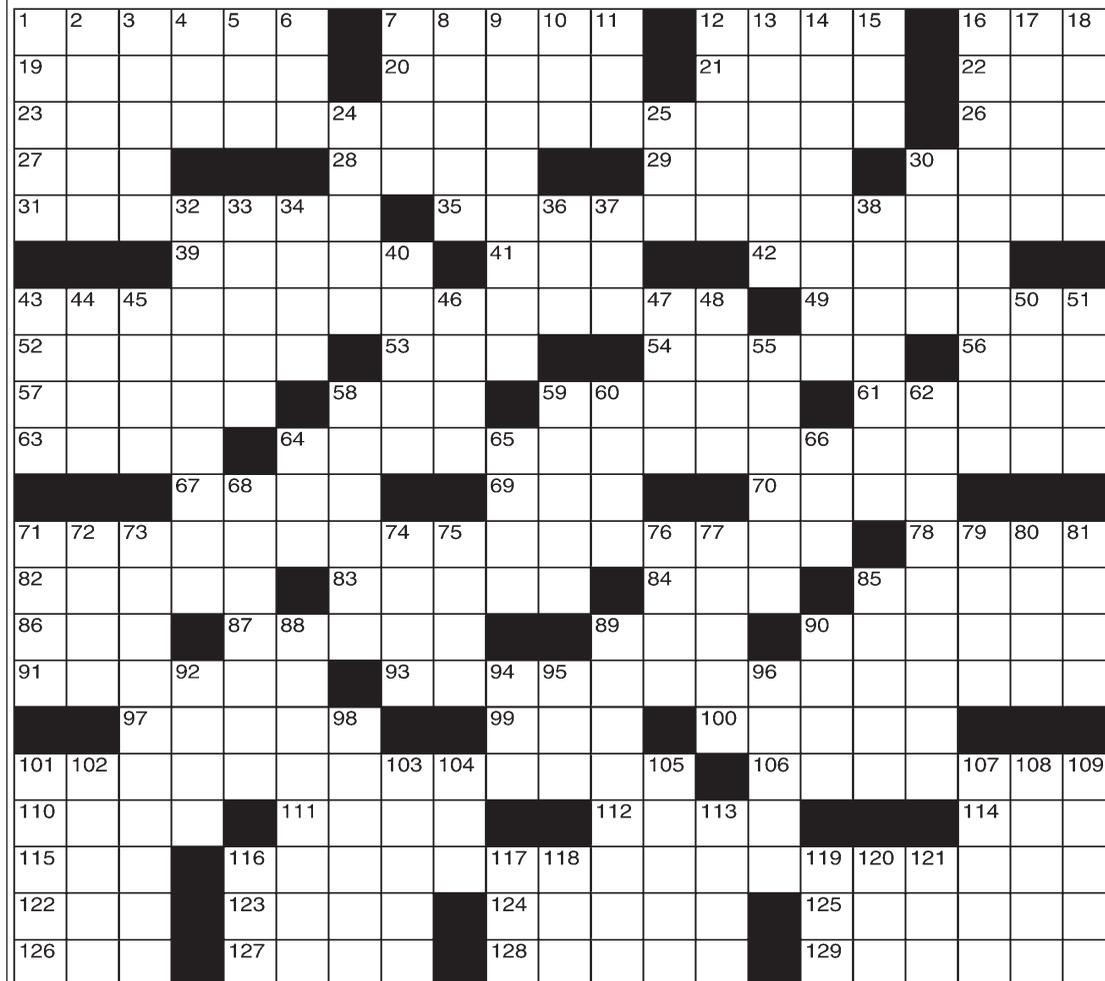
# PUZZLES

Answers on page 29B

## Super Crossword

### FIRST OF THE FIFTH

- ACROSS**
- 1 Reprimand sharply
  - 7 Linguine, e.g.
  - 12 Fed. accident investigator
  - 16 Obstinate beast
  - 19 Get creative
  - 20 "I do" locale
  - 21 In — (as first found)
  - 22 A few Z's
  - 23 Big name in economics
  - 26 Cincinnati-Detroit dir.
  - 27 British pop singer Rita
  - 28 Hideous sort
  - 29 Suffix with prefer
  - 30 Smidgen
  - 31 "— My Heart" (Toni Braxton hit)
  - 35 Date system of ancient Yucatán natives
  - 39 Igloo dweller
  - 41 French "sea"
  - 42 Candy wafer brand
  - 43 "I'm appalled to report that ..."
  - 49 Drifted about
  - 52 Film director Nora
  - 53 Cariou of the stage
  - 54 Mill fodder
  - 56 Public radio host Glass
  - 57 Of Laos, e.g.
  - 58 Podded plant
  - 59 Inner beings
  - 61 Land — (sleep state)
  - 63 Gloater's syllable
  - 64 Aioli
  - 67 With 46-Down, genuine article
  - 69 Prefix with refundable
  - 70 Big brand of faucets
  - 71 Hot dog in a classic jingle
  - 78 Part of LSAT
  - 82 Ruckus
  - 83 Sleuths' jobs
  - 84 Abbr. for the Blue Jays
  - 85 Disorder
  - 86 Tourist's aid
  - 87 Asks for
  - 89 — -jongg
  - 90 Brandy's sitcom role
  - 91 Downhill trail
  - 93 Supreme Court appointee of 2009
  - 97 Continental coins
  - 99 French "here"
  - 100 "Look — did!"
  - 101 Best Actor of 2014
  - 106 Inaction
  - 110 12:00 p.m.
  - 111 Injure badly
  - 112 Sprint, e.g.
  - 114 B&B, e.g.
  - 115 Certain 4x4
  - 116 Mansion House resident
  - 122 Apply
  - 123 "That hurt!"
  - 124 Author Dahl
  - 125 Skin and hair care brand
  - 126 At all times, poetically
  - 127 Tennis star Arthur
  - 128 Full of foam
  - 129 5/1 festival that's apt for this puzzle's eight longest answers
  - 9 Enter like the sun's rays
  - 10 Tiny little bit
  - 11 Genesis boat
  - 12 "Bye Bye Bye" band
  - 13 Soup holder
  - 14 Winner of six Super Bowls
  - 15 Double-decker, e.g.
  - 16 What "A.D." stands for
  - 17 Gifted world traveler?
  - 18 Javelin
  - 24 Li'l Abner's surname
  - 25 Nighttime, poetically
  - 30 Old Peru native
  - 32 Three cheers?
  - 33 NBAer Brand
  - 34 Long time period
  - 36 "Certainly"
  - 37 Elbow site
  - 38 Zone between biomes
  - 40 Actress Liv
  - 43 Cruel
  - 44 "— -daisy!"
  - 45 — Pet (novelty gift)
  - 46 See 67-Across
  - 47 Spanish "water"
  - 48 Once every 12 mos.
  - 50 Greek Cupid
  - 51 Miami-County
  - 55 Chemical relative
  - 58 King's home
  - 59 Garbage boats
  - 60 1980s Dodge
  - 62 Strike at something but not hit it
  - 64 Shapely leg, informally
  - 65 Regarding
  - 66 Neither here — there
  - 68 Effacement
  - 71 Resistor units
  - 72 Drench
  - 73 Saved with the same filename, say
  - 74 Tibetan oxen
  - 75 Canadian gas name
  - 76 Guesses at LAX
  - 77 Not at all, in dialect
  - 79 Effortless
  - 80 Artsy NYC area
  - 81 Old Russian bigwig
  - 85 Title for a French nobleman
  - 88 Immense
  - 89 Major artery
  - 90 Grumble
  - 92 Botch up
  - 94 Vardalos of Hollywood
  - 95 Frigid
  - 96 Larcenist
  - 98 Look (for)
  - 101 Happen next
  - 102 Immerse
  - 103 "Which way — go?"
  - 104 "Delicious!"
  - 105 Noble Brits
  - 107 Supported temporarily, with "over"
  - 108 Get — good thing
  - 109 Peeve
  - 113 Surname of Buffalo Bill
  - 116 Mauna —
  - 117 Ovid's "— Amatoria"
  - 118 "Says —!"
  - 119 Flee hastily
  - 120 In vitro cells
  - 121 Waterloo marshal Michel



## King Crossword

- ACROSS**
- 1 Chances, for short
  - 4 TV watchdog org.
  - 7 Obliterate
  - 12 Shell game need
  - 13 Under the weather
  - 14 Started eating
  - 15 Take a whack at
  - 16 Scrabble or Parcheesi
  - 18 "Monty Python" opener
  - 19 Wander off
  - 20 Hack
  - 22 Pilgrimage to Mecca
  - 23 Prayer ending
  - 27 Rhyming tribute
  - 29 Burning
  - 31 Magician's cry
  - 34 Cow catcher
  - 35 Triangular home
  - 37 Total
  - 38 Constellation component
  - 39 Eccentric
  - 41 Unctuous
  - 45 Twine fiber
  - 47 Payable
  - 48 Indiana university
  - 52 Literary collection
  - 53 "Drops of Jupiter" band
  - 54 "Golly!"
  - 55 Owns
  - 56 Villain in a Christmas tale
  - 57 Halves of 25-Down
  - 58 Scrap
  - 10 — card (cell-phone chip)
  - 11 Away from WSW
  - 17 Hindu royal
  - 21 On top of the world?
  - 23 Memorable mission
  - 24 More, to Manuel
  - 25 Type squares
  - 26 Ultramodernist
  - 28 Weir
  - 30 Swine or bird —
  - 31 Anatomical duct
  - 32 Frequently
  - 33 Glass of NPR
  - 36 Oklahoma city
  - 37 Pistil counterpart
  - 40 Grammarian's concern
  - 42 Coeur d'Alene's home
  - 43 Moon-related
  - 44 You'll get a rise out of it
  - 45 Fax
  - 46 Dregs
  - 48 To the — degree
  - 49 Raw rock
  - 50 Pitch
  - 51 "Flying Down to —"
- DOWN**
- 1 Vision-related
  - 2 Australian city
  - 3 Permission
  - 4 Wee whoppers
  - 5 Dress
  - 6 Barton or Bow
  - 7 Vortex
  - 8 Carpet
  - 9 Khan title

### MAGIC MAZE ● ROMANTIC CITIES

P P M E J H E C Z X U E S Q N  
 L J G E L A D E V O L E C Z X  
 V T K C O L E V O L W E N R P  
 N L J E H E I Y I C A G Y D T  
 W V M T R P N V T L N K I N N  
 G O E ( V A L E N T I N E ) C A O  
 R Y O J E V O L L R C B Z L M  
 G N I V O L X R Y R A E D E E  
 W U S L R P A O M L J E S V S  
 I G E D B D A Y Y E N O H O O  
 X W U T S Q Y D A L E V O L R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Darling	Lovejoy	Loveville	Rose City
Deary	Lovelady	Loving	Rosemont
Heartville	Loveland	Newlove	Valentine
Lovedale	Lovelock	Romeo	

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"I have my \_\_\_\_\_."

answer on page 31B

Array

DUBLEN

Appreciation

SCEPTER

Stall

YEALD

Scour

REEDO

**TODAY'S WORD**

8	4			1		7		
	9				5		2	
		6	9					5
		1			8			9
	2		5				8	
3				4		5		2
	5		8		2		7	
9				5		4		
		3			1			6

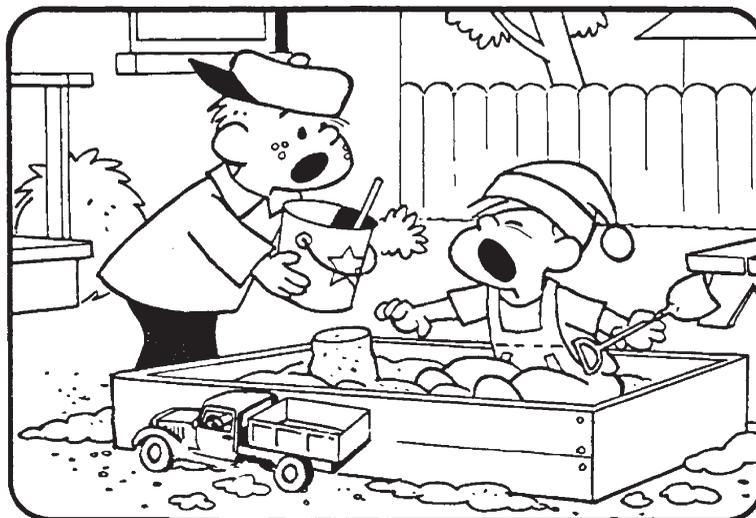
### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

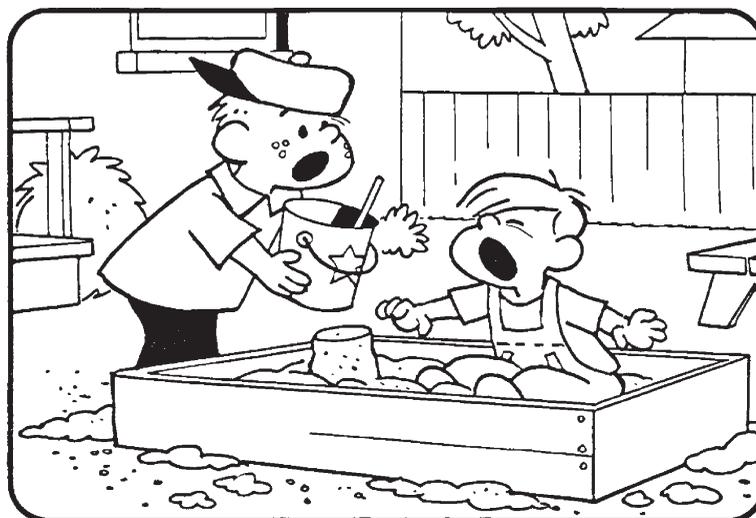
answer on page 29B

### HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Railing is lower. 2. Sleeve is shorter. 3. Truck is missing. 4. Fence top is different. 5. Cap is missing. 6. Shovel is missing.

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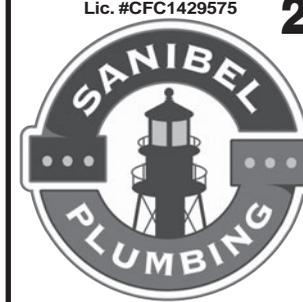
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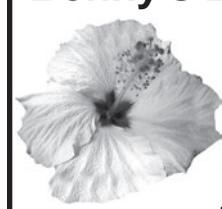
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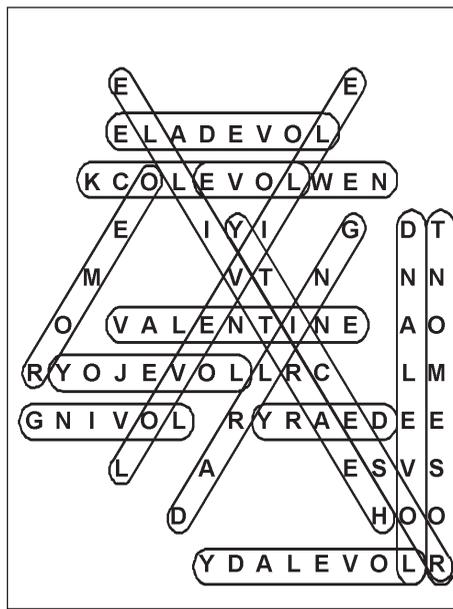
## SUPER CROSSWORD

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 EER ASHE SUDSY MAYDAY

## KING CROSSWORD

OPS FCC ERASE  
 PEA ILL DUGIN  
 TRY BOARDGAME  
 ITS STRAY  
 CHOP HAJ AMEN  
 ODE AFLAME  
 VOILA LASSO  
 AFRAME SUM  
 STAR NUT OILY  
 SISAL DUE  
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 HEROD ENS ORT

## MAGIC MAZE



## SUDOKU

8	4	5	2	1	6	7	9	3
1	9	7	3	8	5	6	2	4
2	3	6	9	7	4	8	1	5
5	6	1	7	2	8	3	4	9
4	2	9	5	6	3	1	8	7
3	7	8	1	4	9	5	6	2
6	5	4	8	3	2	9	7	1
9	1	2	6	5	7	4	3	8
7	8	3	4	9	1	2	5	6

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# My Stars ★★★★★

## FOR WEEK OF MAY 14, 2018

**Aries** (March 21 to April 19) Taking advice isn't always easy for self-assured Rams and Ewes who think they know what's best. But it wouldn't hurt to listen to what close colleagues have to say.

**Taurus** (April 20 to May 20) You know how to balance life's practical aspects with the poetic. This gives you a special edge this week in both your professional endeavors and your personal life.

**Gemini** (May 21 to June 20) Focus on keeping a balance between your home-related activities and your workplace responsibilities. Be mindful of both without obsessing over one or the other.

**Cancer** (June 21 to July 22) A change in plans is likely as you discover more facts about a possible commitment. Continue to ask questions and, if you're not sure about the answers, demand proof.

**Leo** (July 23 to August 22) Be careful not to let that Leonine pride keep you from seeking wise, experienced counsel before making an important decision. A family member once again seeks your help.

**Virgo** (August 23 to September 22) That surge of Virgo energy drives you to take on more work assignments. Be careful you don't overdo it, or you might find yourself overdone: i.e., burned out.

**Libra** (September 23 to October 22) Your decision to be upfront with colleagues on a touchy matter causes some consternation at first. But in the end, your honesty wins their trust and admiration.

**Scorpio** (October 23 to November 21) As in the past, someone again wants to share a secret with you, knowing it will be safe. But do you really want to be this person's confidante? Think about it.

**Sagittarius** (November 22 to December 21) As one of nature's straight shooters, you seek to correct misconceptions about a project. Do so, of course, but without giving away too much too soon.

**Capricorn** (December 22 to January 19) Creative pursuits continue to be strong in the gifted Goat's aspect. New friendships can come from sharing these experiences with like-minded art aficionados.

**Aquarius** (January 20 to February 18) Resolve lingering grumblings over your way of doing things by keeping your mind open to suggestions while continuing to show how your plans will work.

**Pisces** (February 19 to March 20) The perceptive Piscean might find that

changing course in midstream isn't as workable as it would seem. Explore this option carefully before making a decision.

**Born This Week:** Your willingness to share your love of life's good things brings joy to many, including, of course, yourself.

### STRANGE BUT TRUE

- It was influential American science-fiction author Philip K. Dick who made the following sage observation: "Sometimes the appropriate response to reality is to go insane."

- The skin of the African elephant, the largest living land animal in the world, weighs 2,000 pounds by itself, and there are more than 60,000 muscles in its trunk alone.

- You've almost certainly heard of narcolepsy, a medical condition that causes sufferers to sleep excessively, sometimes up to 18 hours a day. You're probably not familiar with philagrypnia, though. People

with this condition – I won't call them "sufferers" – require only three or four hours of sleep a day. What would you do with all that extra time?

- If you're like most people, the length of your footprint is approximately 15 percent of your height.

- While at a Turkish bath in San Francisco, Samuel Clemens – better known to us as Mark Twain – got involved in a chat with a local fireman. This may not seem at all interesting until you learn the name of that long-ago firefighter: Tom Sawyer. The author liked the name so much that today, American schoolkids all know it.

- There is a law on the books in Maine that prohibits having your shoes untied in public. I assume that this one is not much enforced.

- Ever had to make a large claim to your insurance company? If you thought it was a pain to fill out all the paperwork and

## SCRAMBLERS

1. Bundle; 2. Respect;
3. Delay; 4. Erode

Today's Word  
**DOUBTS**

explain what happened, consider the plight of the poor soul who had to handle the claim in 2006 when a guard dog mauled a teddy bear that once belonged to Elvis Presley – the stuffed animal was valued at \$80,000.

### THOUGHT FOR THE DAY

"What this country needs is more free speech worth listening to." – Hansell B. Duckett

## HORTOONS



AWKWARD MOMENTS IN NATURE

## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Seaspray Subdivision	Sanibel	1991	4,831	\$5,795,000	\$5,400,000	45
Metes and Bounds	Sanibel	2012	4,444	\$5,485,000	\$5,257,800	0
Metes and Bounds	Sanibel	2000	4,168	\$4,895,000	\$4,500,000	35
Becklers Riverside Add	Fort Myers	2015	5,079	\$2,850,000	\$2,850,000	12
Rookery Lake	Bonita Springs	2001	4,481	\$2,249,000	\$2,225,000	58
Butterknife	Sanibel	2002	4,123	\$1,875,000	\$1,775,000	317
Cape Coral	Cape Coral	2006	5,770	\$1,695,000	\$1,550,000	398
Verona Lago	Miromar Lakes	2004	3,707	\$1,649,000	\$1,550,000	119
Sanibel Isles	Sanibel	1988	3,996	\$1,549,000	\$1,400,000	56
Sanctuary at Wulfert	Sanibel	2004	3,108	\$1,495,000	\$1,400,000	67



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Convenient east-end Captains Walk cozy ground-level 1 bedrm, #B2, \$239,000 furnished



Modern ground-level 3 bedrm with dock, on private near-beach cul-de-sac, 734 Anchor Dr \$949,000



Residential lot at 9441 Peaceful Dr, \$249,000

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